

Gleaner

Northwest Adventists in Action

SEPTEMBER 2009, Vol. 104, No. 9

CIRCLES of LIGHT

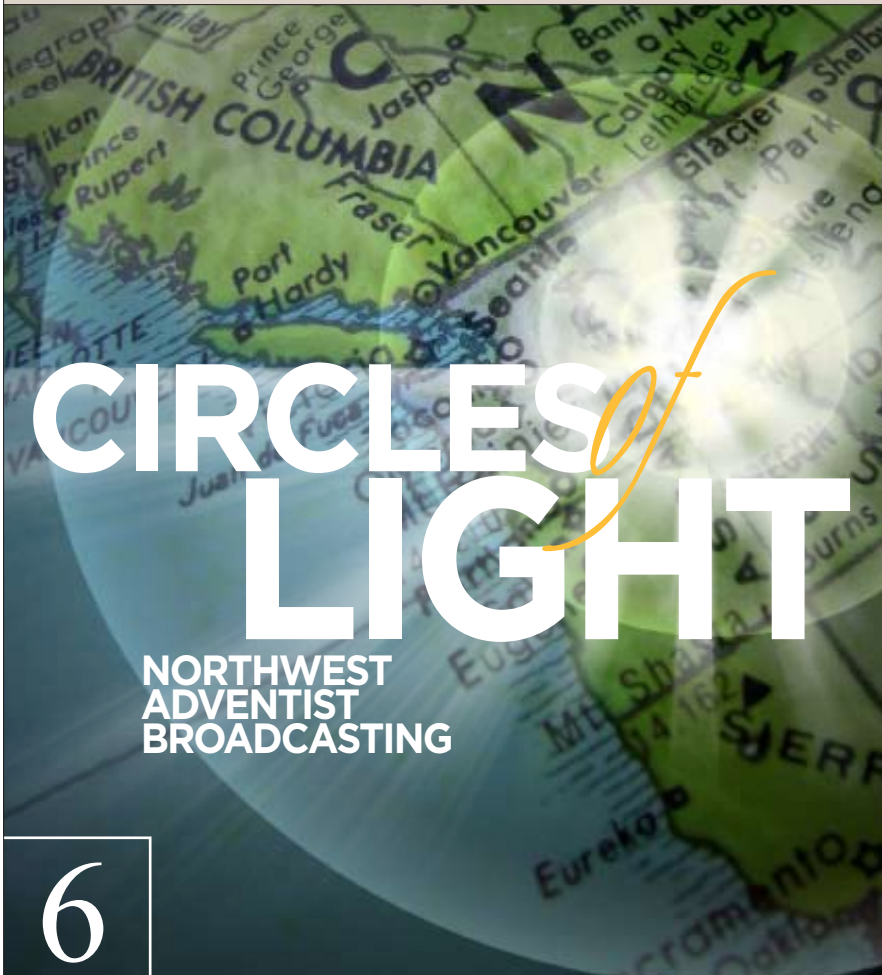
NORTHWEST
ADVENTIST
BROADCASTING



Show me your ways, O LORD, teach me your paths;
PSALM 25:4 (NIV)

“Poplar Paths” by Renae Smith of Brush Prairie, Washington.

Feature



CIRCLES OF LIGHT

NORTHWEST
ADVENTIST
BROADCASTING

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Health

Healthy Choices

37 *with* Dr. Don Hall

*For Best Health, Sleep at Least 7 Hours
Resting Heart Rate Predicts Heart Problems
How to Take Your Pulse*



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Adventist broadcasters around the Northwest include professional communicators and passionate lay people. Their numbers and the potential for evangelism are growing exponentially. Read more in this month's feature.



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LITHO U.S.A.

The Media and the Message

“**T**hen I saw another angel flying in the midst of heaven, having the everlasting gospel to preach to those who dwell on the earth — to every nation, tribe, tongue, and people —” Revelation 14:6.¹ Could any Scripture be more Adventist than this? This verse is the beginning of the passage giving the very reason God has called the Seventh-day Adventist Church into existence. We have been called to preach the gospel to the whole world. That is a gigantic task.

And the entire context is described as angels flying in the midst of heaven. It doesn't stretch my imagination much to wonder if John, from his lonely Patmos location, was seeing in vision a representation of radio waves, television signals and internet messages streaking around the world with lightning speed.

It is difficult to envision the church ever being totally successful in its mission without Holy Spirit-empowered media ministry being a significant part of the plan. How else could we possibly even begin reaching every nation, tribe, tongue and people for Jesus? Certainly God has blessed significantly in our efforts to effectively use media to reach people with the Good News of the everlasting gospel.

It is ironic that media is also one of the key strategies of Satan to distract us from our mission, undermine our values and soothe us as we sink further into our Laodicean condition.

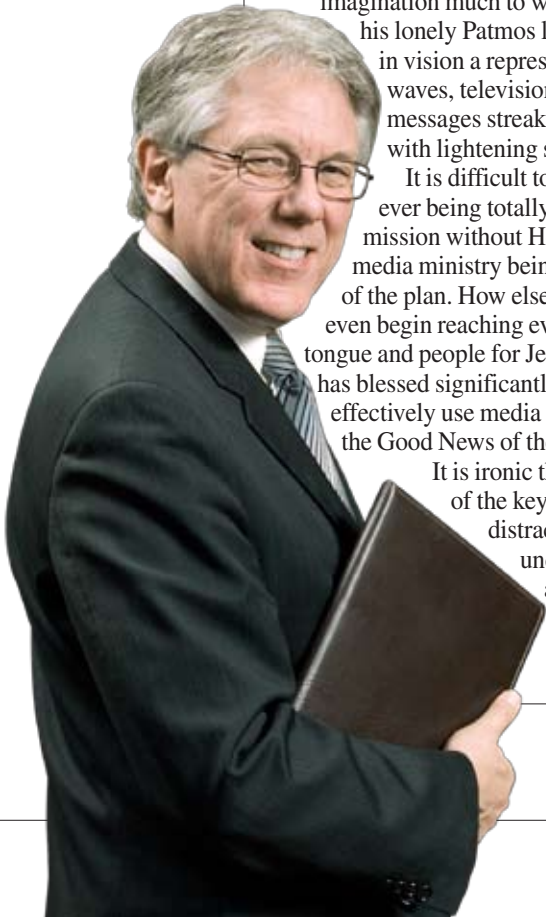
So we have a dual, sometimes apparently contradictory relationship with the media.

On one hand we need to warn each other and the world of the danger of allowing entertainment to dominate our time and attention. By beholding we become changed — and I don't want to be like the shallow Hollywood stars that dominate the world's attention. I don't want to mimic the immoral lyrics of so much popular music. I want to live the pure life so alien to many of the people portrayed on television.

On the other hand, I do want to claim at least a significant part of the media's influence on behalf of my Lord and Savior Jesus Christ. I want to be sure that at least some radio stations, some television channels and some Web sites are family friendly. I want the message of the everlasting gospel to be readily available and easy to find when someone does a Google search. I want at least one station to be talking about Jesus when my friends and neighbors are channel surfing through the 250 options available on their cable connection. When people are facing seemingly impossible situations in their lives, I hope they will find some encouraging music on the radio.

Thank you for your prayers and faithful support of media ministry in the North Pacific Union. God has blessed us with more than average access to the public. Pray every one of those radio waves and electronic impulses will reach their intended destinations and people will respond and be changed as they learn the truth of the everlasting gospel.

¹ *The New King James Bible*. Thomas Nelson, Inc., 1984.



Max Torkelsen II

NORTH PACIFIC UNION CONFERENCE PRESIDENT

Did You Know?

National Hispanic Heritage Month

Sept. 15–Oct. 15 is observed as National Hispanic Heritage Month in the United States. The month-long observance began in 1988, celebrating the culture and traditions of those who trace their roots to Spain, Mexico and the Spanish-speaking nations of Central America, South America and the Caribbean.

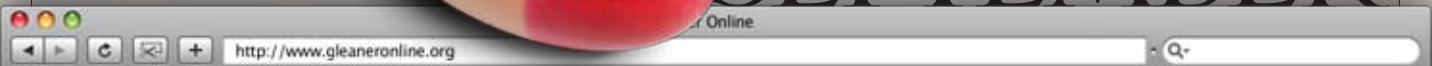
Sept. 15 marks the anniversary of independence for five Latin American countries: Costa Rica, El Salvador, Guatemala, Honduras and Nicaragua. In addition, Mexico and Chile celebrate their independence days on Sept. 16 and Sept. 18 respectively.

Los Números

- **15 Percent** — The portion of the U.S. population that is Hispanic (46.9 million people), a figure that is expected to double by 2050.
- **3.2 Percent** — The increase in the Hispanic population between July 1, 2007, and July 1, 2008, making Hispanics the fastest growing minority.
- **25 Percent** — Portion of U.S. children younger than five in 2008 who were Hispanic.



SEPTEMBER



Gleaner BLOGs

Finance

Gary Dodge, NPUC Trust Services director, is contributing to the GLEANER blog with a thread on money matters. Read and discuss personal finance, planned giving and other economic topics on this blog.

Tip Sheet

Do you know what the Associated Press abbreviation for your state is? Do you know the difference between a hyphen, an en dash and an em dash? Why do photos on your computer screen get smaller when they are processed for printing in the GLEANER? Find the answers to these questions at: www.gleaneronline.org

Tweet Tweet!

Extend your digital church family by following Adventist organizations on Twitter:

NPUC:

www.twitter.com/npuc

Oregon Conference:

www.twitter.com/oregonadventist

It is Written:

www.twitter.com/itiswritten

The Quiet Hour:

www.twitter.com/quiethour

Amazing Facts:

www.twitter.com/afacts

CIRCLES OF LIGHT

NORTHWEST ADVENTIST BROADCASTING

When Ellen White once portrayed the final delivery of the third angel's message in Revelation 18:1 as "servants of God, with their faces lighted up" hastening from place to place, she could just as well be describing the bright light of Adventist broadcasters. Through television, radio, satellite and the internet, shining testimonies of God's Good News are indeed hastening from place to place at the speed of light — beyond closed doors and into open hearts.

There are dozens of Adventist owned-and-operated media outlets in the Northwest. They are predominantly lay-driven ministries with a heart for people who need an encouraging word and Bible-centered message. Whether it's from Three Angels Broadcasting, the Hope Channel, Positive Life Radio, LifeTalk Radio or something entirely different, these channels are reaching far flung communities with a uniquely Adventist twist.

While one-on-one personal contact is still a critical component of evangelism, Adventist broadcasters are creating "circles of light" that offer a barrier-breaking, friend-making, relationship-building connection to Northwest communities — what many believe is the most unchurched population in North America.

THE EFFORTS BEAR FRUIT

Adventist broadcasters realize their efforts may represent the first time an audience member has heard the gospel. It is often an introductory medium, without any expectations of direct baptisms. But they do happen. Ron and Marta

Davis, Better Life Broadcasting Network leaders, headquartered in Grants Pass, Oregon, were introduced to and baptized in the Seventh-day Adventist Church as a result of 3ABN programming over a Better Life station.

A sampling of Positive Life Radio listener testimonies witnesses to the power of Christian broadcasting: "Every time I turn on the radio, God uses the music to bless me, chastise me, turn me to Him, remind me of who He is, and create in me the desire to serve Him"; "It helps me get through the day, keeps me centered and focused on God"; "It inspires me to be the kind of person Christ wants me to be."

FROM ANALOG TO DIGITAL

Broadcasters have embraced digital technology as well. Television outlets are transitioning from analog to digital broadcasting.

Both radio and television ministries use the Internet for streaming their programming for live feeds or digital downloading. While the online audience is still relatively meager, it is growing and allowing each media ministry to extend its reach around the world.

THE OUTREACH IS GROWING

Better Life expects to soon double its audience with two new stations broadcasting in Roseburg and Eugene, including basic cable and satellite services to Benton, Coos, Douglas and Lane counties in Oregon. Next on the horizon — a low power digital station to serve the greater Portland, Oregon area, including coverage in Clackamas, Columbia, Multnomah and Washington counties in Oregon, and Clark County in Washington. Better Life has

until October 22, of this year to raise the \$700,000 needed for the purchase, which will effectively triple their potential viewing audience to three million people.

REACHING THE ALASKAN BUSH

What started in the Tok/Delta Junction, Alaska area several years ago, may blossom incredibly in the coming months. The Alaska Conference currently has six construction permits for radio stations — one of which will eventually cover the majority of the state’s population in the greater Anchorage area.

But that’s not all. Gavin and Judi Thompson, Dillingham members, have pioneered a way to reach across the arctic tundra to provide an evangelistic presence in more than 230 bush villages. Their dual plan involves small, computer-driven radio stations with just enough power to cover each small village. Due to the low power, these tiny transmitters do not need FCC approval. They can be put directly into service. The Thompsons and the Alaska Conference are looking for a volunteer in each community to place one of these “micro-stations” — not much bigger than a laptop computer — in their home. The potential long-term impact in terms of evangelism could be incredible as this 24/7 model of constant contact develops.

GOSPEL COMMISSION IN ACTION

The bottom line is unmistakable — God is using Adventist broadcasters to warm people to the truth. In a dark and pessimistic world, they are creating circles of light and opportunities for Northwest members to take the next step — to reach out and make



Gavin and Judi Thompson are spearheading a plan to place small radio transmitters in more than 200 Alaskan-bush villages.

a personal contact, with potentially eternal results.

The following two pages will introduce you to several of these important Northwest Adventist media ministries.

Steve Vistaunet, North Pacific Union Conference assistant to the president for communication, writes from Ridgefield, Washington.

NORTHWEST ADVENTIST BROADCAST STATIONS

Radio

ALASKA

Tok KUDU 91.9 FM
Wrangell KWRG 99.9 FM

IDAHO

Boise KTSY 89.5 FM
Grangeville Translator 89.7 FM
Kamiah KMEI 97.3 FM
Lewiston Translator 105.5 FM
Moscow Translator 95.3 FM
Twin Falls KTFY 88.1 FM

MONTANA

Bozeman KMEA 92.7 FM
Eureka KEUR 107.7 FM
Kalispell KANB 102.3 FM
Missoula KWLY 104.9 FM

OREGON

Bend Translator 92.1 FM
Brookings KSEP 99.9 FM
Burns KBWR 98.1 FM
Canyonville KPOL 106.9 FM
Coquille KLYF 100.7 FM
Days Creek KUMP 107.9 FM
Glide KLBG 92.3 FM

Gold Beach KTJN 101.1 FM
John Day KSPL 98.1 FM
La Grande KFYL 94.3 FM
Lakeview KTOD 98.1 FM
Madras KMAB 99.3 FM
Prineville Translator 105.3 FM
Roseburg KLLF 106.7 FM
Scio Translator 91.3 FM
Tillamook KGLS 99.1 FM
The Dalles Translator 91.9 FM

WASHINGTON

Clarkston Translator 94.9 FM
Colville KEIT 100.7 FM
Ellensburg KCSH 88.9 FM
Moses Lake Translator 89.5 FM
Omak Translator 91.7 FM
Pullman Translator 95.3 FM
Republic KETL 100.5 FM
Spokane KEEH 104.9 FM
Walla Walla KGTS 91.3 FM
KLRF 88.5 FM
Wenatchee KPLW 89.9 FM
Yakima KSOH 89.5 FM
KYPL 91.1 FM

Television

ALASKA

Delta Junction Ch. 10

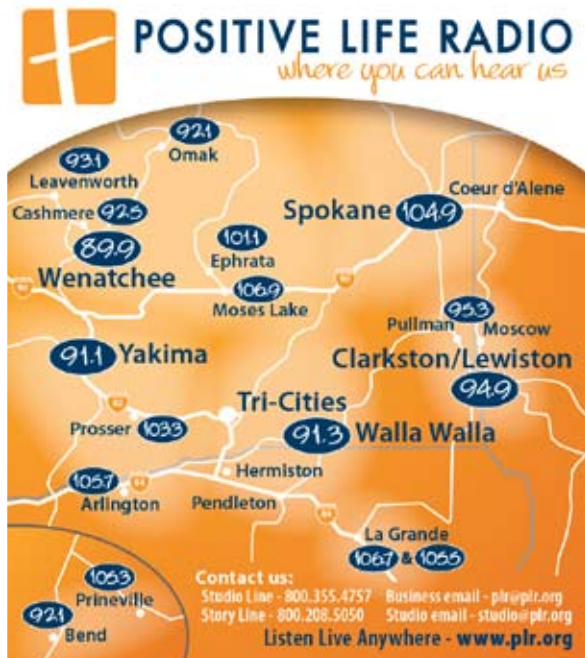
OREGON

Better Life Broadcasting Network
Ashland Ch. 18
Astoria Ch. 42
Cave Junction Ch. 48
Coos Bay Ch. 44
Grants Pass Ch. 22, 30, 47
Klamath Falls Ch. 25, 48
Medford Ch. 23, 18
Merlin Ch. 33
Rogue River Ch. 17
Roseburg Ch. 47
Tillamook Ch. 26

WASHINGTON

Blue Mountain Television
Walla Walla BMTV TV Ch. 21.1, 21.2, 28, 36.1, 36.2
He’s Alive Broadcasting
Spokane KHBA TV Ch. 39

Blue Mountain Television and He's Alive Broadcasting



Blue Mountain Television has been on the air in the Walla Walla (Wash.) Valley since 1990. Dan Thesman, general manager, with a background in network television production, oversees a unique mix of educational and community-oriented programs augmented with content from the Hope Channel.

He's Alive Broadcasting serves the Spokane (Wash.) Valley with two channels, providing both 3ABN and Hope Channel programming to their area. Joe Stanfill, station manager, and his volunteer team have overcome challenges resulting from the devastating fire that uprooted them from headquarters within the Upper Columbia Conference building.

Positive Life Radio

Based at Walla Walla University, Positive Life Radio has developed into a powerhouse network covering northern Idaho, eastern Washington and the northeastern corner of Oregon. Kevin Krueger, general manager, and the PLR staff direct their efforts toward a carefully targeted music and program lineup and a strong emphasis on outreach through special events and community service projects, such as their Christmas in July food drive, held annually since 1999.

Better Life Broadcasting Network

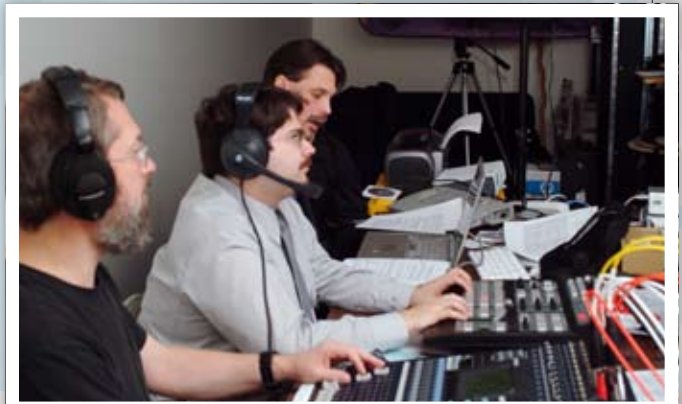


Better Life's 16 broadcast stations and population coverage of more than half a million people make the Better Life network the largest 3ABN affiliate network in the world. There are two new

stations in Roseburg and Eugene, Ore. The basic cable and satellite services to Benton, Coos, Douglas and Lane counties in Ore., with the planned purchase of an additional station in Portland, will effectively triple the potential viewing audience to three million people.

Light Stream International

The Light Stream ministry mirrors the enthusiastic mission of its home church in McMinnville, Ore. Win Wheeler, Light Stream's executive director, has developed a business model with a variety of functions such as the mobile high definition recording studio which has gone on the road along with technical staff in recent years to enable the video recording of the North Pacific Union Conference's Momentum series. More information is available at www.lightstreaminternational.com.



KACS



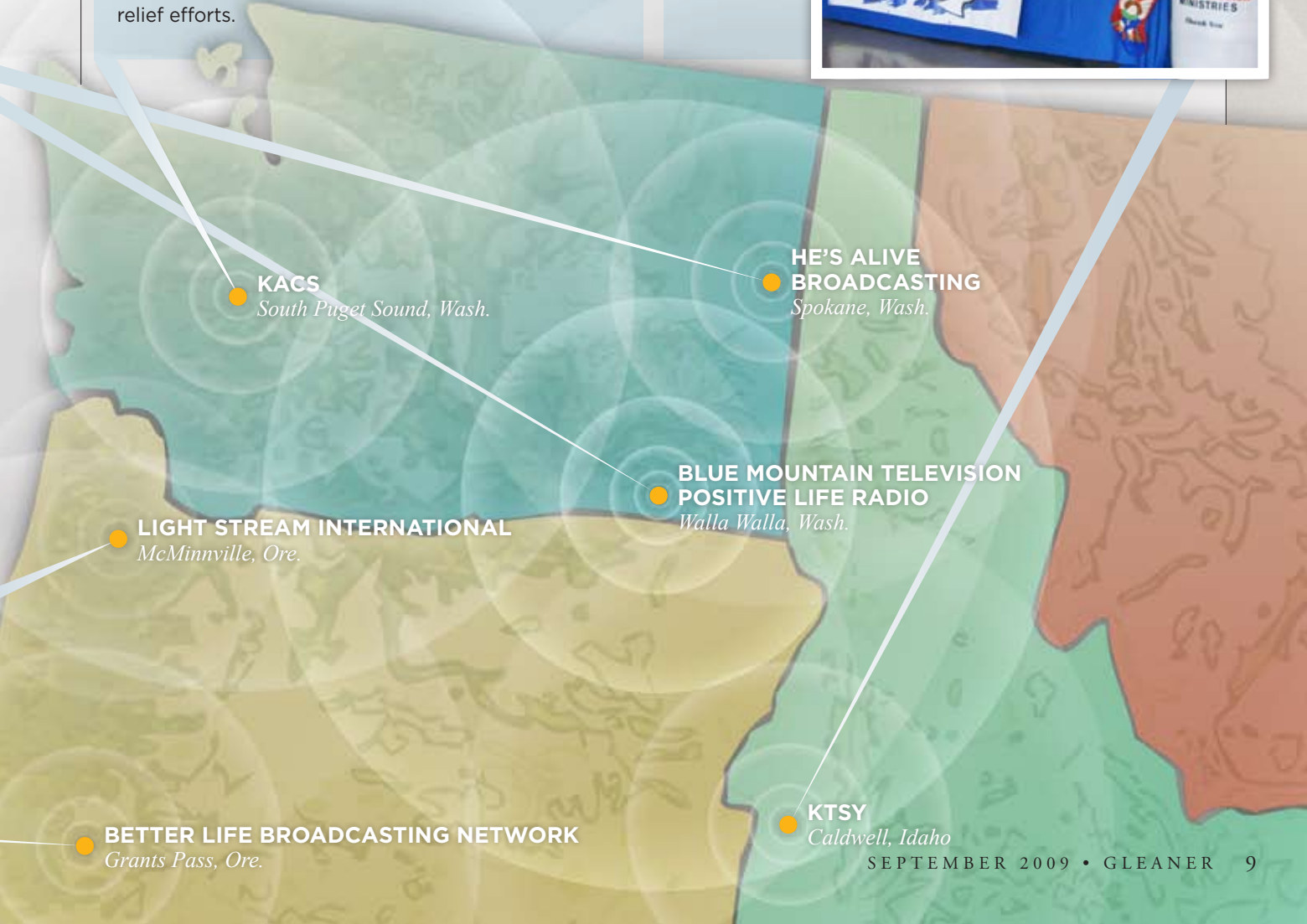
Cameron Beierle, KACS general manager, hands a check to Sharon Gober who directs long-term recovery efforts in the Chehalis (Wash.) Valley. KACS service is available from Olympia to the coast and from Chehalis to White Pass in the Cascades. They

recently received an FCC construction permit for a signal to reach the Long Beach peninsula, with potential coverage into Astoria, Ore. Upon completion, KACS will reach virtually all of southwest Washington and the South Puget Sound below Seattle. In recent years, KACS has been integrally involved in flood-relief efforts.

KTSY and KTFY

Under the leadership of Mike Agee, KTSY general manager, KTSY has garnered three Dove Awards — a first for Adventist stations. Recently the KTSY team established a sister station, KTFY, in Twin Falls, Idaho, which reaches the Magic Valley. Brian Yaeger, an ordained minister with the Idaho Conference and current pastor of “The Experience” church group in the Boise area, also actively takes the role of KTSY “radio pastor.”

KTSY radio staff have made consistent connections with the communities they serve—including appearances at malls, fairs and other public events.



WORLD NEWS



SCOTLAND

Church Members Write Personal 'Ward o' Scripture'

Scottish Seventh-day Adventists are participating in a unique project to develop a Scottish Adventist Bible. Members are submitting handwritten passages of the Bible to their national church office. Organizers say the project is designed to help members make personal connections with the scriptural passages. Some members are accomplishing that goal by choosing to write in an authentic Scottish vernacular.

Source: Adventist News Network

BOTSWANA

Prisoners Receive Hope Via Satellite

Thanks to a new partnership between the Hope Channel and the Botswana Ministry of Home and Labour Affairs, inmates in the African nation now have access to Seventh-day Adventist programs. Church leaders donated televisions and satellite receivers for use in the nation's 23 prisons. Adventists are actively involved in prison rehabilitation programs throughout Botswana.

Source: Adventist News Network

KENYA

Continuing Drought Leaves Millions Hungry

Three consecutive years without significant rainfall is creating a growing food crisis in East Africa. More than 2.5 million people in Kenya have no reliable source of food and the number is expected to reach 2.9 million by November. Numerous Christian-aid groups are working in the region to provide emergency food supplies, applying improved growing methods and training communities to conserve water and land resources.

Source: Christian Post



W S B R I E F S



NORWAY

Adventist to Head Bible Society

Tor Tjeransen, a Seventh-day Adventist pastor, is now the chair of the Norwegian Bible Society. Tjeransen is the first member of a free church in Norway to hold this position. Since 1816, the Norwegian Bible Society has been headed exclusively by bishops of the Norwegian State Church. The society promotes Bible reading at home, oversees translations of the Bible into Norwegian and sponsors Bible work around the world. Tjeransen says he is honored by the appointment, which signals a level of trust among church leaders in Norway.

Source: Adventist News Network



LAOS

AWR Begins Broadcast, Despite Christianity Ban

On July 16, Adventist World Radio began airing Lao language programming in the country of Laos. This is the first Adventist media broadcast to the people of Laos in their own language. Laos is a communist country with very strict regulations on religious liberty. The AWR broadcast began just days after officials in the Lao village of Katin announced a complete ban on Christianity. The village chief declared that spirit worship is the only acceptable form of worship in the community. The 53 Christians in the village risk losing their property and rights if they do not abandon their faith.

Source: Adventist News Network, Christian Post



ACCION

JESÚS VINO Y ME SANO

La vida de María no había sido fácil. Como esposa y madre se había esforzado por ser una esposa y madre fiel. Con abnegada dedicación y esfuerzo había criado a sus hijos, dándoles calor y cariño y enseñándoles los caminos del Señor. Todo parecía marchar



bien en la familia pero no sería así por mucho tiempo. En un período de cinco meses perdió a su hermano en un terrible accidente. Después de esta dura prueba, su hermano también falleció después de sufrir por

muchos años de una rápida y penosa enfermedad que destruyó su cuerpo el año pasado. Varias semanas después de regresar del funeral de su hermano, fue al médico para hacerse algunos exámenes. Fue entonces cuando recibió una sorpresa.

María cuenta, “Mi doctor me envió con una especialista, me hicieron otros exámenes para saber la causa del descenso tan grande de mis glóbulos blancos. La doctora especialista me hizo una cita para un examen de médula ósea el Jueves 22 de Mayo del 2008.”

“Pasaron cuatro días en los cuales yo cada vez me sentía más enferma. Ese fin de semana, se festejaba el día de Memorial Day pues fue precisamente ese día, el 26 de Mayo del 2008, que recibimos la llamada de la doctora especialista. Ella tenía los resultados de mis exámenes. Mi hijo mayor contestó la llamada y se le hizo saber que los resultados de mis exámenes era que yo tenía Leucemia. Me dijeron que debía internarme inmediatamente para someterme a un tratamiento agresivo y que todo estaba listo en el hospital.”

“Ese mismo día de madrugada, sucedió el evento



María con sus hijos y esposo. En orden de izquierda a derecha son: Daniel, Iván, Luis Ricardo Sr, María, Luis Ricardo Jr., Emmanuel.

mas grande y hermoso que me a sucedido en mi vida. Tuve un sueño maravilloso. Yo me desperté con esta frase en mi mente, “JESÚS VINO Y ME SANO”.”

María cuenta que de un momento a otro, se encontraba en la cama de un hospital diagnosticada con cáncer muy agresivo. Ella estaba confundida, triste y sin poder hablar una sola palabra. Como si todo el mundo se le hubiera venido encima. Su familia estaba desconsolada. Fue entonces cuando recordó

el sueño y ella le dijo a sus hijos, “JESÚS VINO Y ME SANO”. Los resultados de los últimos exámenes de medula ósea que le hicieron a María fueron libres de cáncer. Ella exclamó, “¡QUE LA GLORIA SEA PARA DIOS, ESTOY LIBRE DE CANCER!” Así como María, tu también puedes acudir a Jesús con tu enfermedad. Si en su infinita sabiduría Dios así lo desea El te sanará. Y si no, de todos modos sigue confiando en El pues El sabe que es lo mejor para ti. •

Media Plan Will Share the Light

Alaska's media ministry has always combined human ingenuity and unmistakable divine miracles. Currently three successful radio stations are beaming the Adventist message to Tok, Wrangell and Dillingham.

Yet, the challenge to reach across the vast Alaskan territory with the gospel remains. While pondering this challenge, conference leadership prayed for God's help and He brought answers in remarkable ways.

After successfully applying for new commercial radio

stations in six larger towns, the conference has a 36-month window to have commercial stations on the air in Juneau, Sitka, Homer, Nome, North pole/Fairbanks and Wasilla, covering the majority of the population centers in Alaska. The largest will be in Wasilla where a 10,000 watt AM station has been approved to give the Three Angels' Message to more than 50 percent of Alaska's population. Fairbanks is the second largest city in Alaska and that station will reach another 30 percent. These larger stations will

be coupled with the network of small bush village stations being developed by Gavin and Judi Thompson of Dillingham — a project detailed in the December 2008, Gleaner.

Please pray for the continued work of "Sharing the Light in Alaska." •

Ken Crawford, Alaska Conference president



Vacation Bible School in John Day

Camp E.D.G.E. — Experience and Discover God Everywhere — was the theme for the Vacation Bible School in John Day, Ore., June 22–26. Camp E.D.G.E. is an action-packed expedition, teaching kids their strength and might come from God. Children were encouraged to live on the E.D.G.E. in their faith.

The program was a success using the help of three Gem State Adventist Academy students: Jessie Dena, Kristi James and Danielle Maxwell, along with Kathy Iwasa, team leader.

“A VBS program is a great time to take advantage of teaching children about biblical

principles. Bible stories, such as Moses’ parting of the Red Sea and Jonah surviving in the belly of a whale for three days, are attractive to kids and help teach children about the great things that can be done with the power of God,” says Sandra Sutton, VBS director.

The church, located in a small community, had approximately 28 attendees, including more than 17 children. Thanks to the help of the GSAA students, members explored God’s Word through Bible adventures in everyday life. •

Judy Jarnes, John Day Church co-communication leader



Children learn Bible songs at Vacation Bible School in John Day, Ore.

Teeter-tottering Between Good and Evil

At age 14, I stepped in front of my father’s rifle. He was pointing it and mumbling, “I’ll kill any policeman who



Sue (Foster) Vietz in 1969.

dares to come take me away.” I jumped in front of him, and he threw his rifle down. Seconds later the police drove up and took dad away. That is one of my many painful childhood memories. My mother worked and sacrificed to provide the barest necessities. She taught us well, but I “teeter-tottered” between good and evil.

One day Walter Meske, Gem State Adventist Academy’s principal at the time, came to visit. He invited me to GSAA and offered me a Worthy Student Scholarship. During my junior year at GSAA, I gave my heart to Jesus and my life took on a happiness and direction that is still with me 40 years later.

Today, as I look back, I am astounded, and humbled, by our God fearing, youth-loving faculty. If you supported the GSAA worthy student fund from 1965 to 1969 — thank you!

Today there are kids needing the safety our schools provide, the godly teachers who mentor them and Christian friends. Many will only be able to participate in Adventist education if you and I get involved. This school year, let’s support our schools’ worthy student scholarship funds. Together we can tip the teeter-totter in favor of heaven! •

Susan A. Vietz, former GSAA student



Sue met Don Vietz, her husband, at Gem State Adventist Academy. They have joyfully served God in Africa, at Leoni Meadows, Upper Columbia Academy and now at Pacific Press Publishing Association.

Havre Members Enjoy Annual Church in the Mountains

Havre (Mont.) Church members enjoyed Sabbath services at the Conrad Nystrom Ranch, in the Bear Paw Mountains, the first Sabbath in July. This event coincides with the annual Nystrom family reunion held around the Fourth of July.

Monte Nystrom, from Paradise, Calif., taught the Sabbath School lesson. Monte, Conrad's son, grew up on the ranch.

Austin, Monte's son, presented the sermon and told how God had intervened in his work at a summer camp. While swimming in a river near the camp, the current trapped

one of the staff members underwater against a boulder. With God's help Austin was able to locate and pull his unconscious friend from the river. A previously dead cell phone worked in a spot where earlier there had been no service. Amazingly, the 911 call went through. The staff member was saved due to an impressive series of miracles. A rescue worker said of the three or four rescue calls they have received from that place, this was the first time a victim survived.

Music is always an important part of this annual tradition. This year's music



The Havre (Mont.) Church conducts Sabbath services on the Conrad Nystrom Ranch the first Sabbath in July.

included four guitars, mandolins, a dobro, harmonica and hammer dulcimer. After morning services, members enjoyed a potluck and an

afternoon filled with visiting and gospel music. •

Leo Beardsley, Havre Church communication leader

Super Heroes Discovered at Camp Paxson

Campers arrived at Camp Paxson on Seeley Lake, in Mont., in record numbers again this June ready for a week of fun-filled activity. Besides the usual water sports, archery and crafts, there were several

new choices for campers which included: Lego robotics, scrapbooking and pinewood derby cars.

Super Heroes was the camp's theme for the week. Brad Brown, pastor, shared stories about God's super-heroes each evening which challenged campers to be super-heroes for God. A skit performed by the counselors featured a super-hero named Pajama Jones (or PJ for short) which created an instant camp mascot out of Alden Weaver, counselor.

Perfect weather all week made it easy to work on craft projects outside. Bird houses were built, puppets made and derby cars finished. The activity-packed week



Campers arrived at Camp Paxson on Seeley Lake in record numbers again this June, ready for a week of fun-filled activity.

ended with relay races where campers could use basketball, swimming, kayaking and archery skills they practiced throughout the week. The pinewood derby cars so recently finished were put to the test on the track. All the campers were able to watch the

races and cheer for their cabin mates.

A baptism on Sabbath afternoon in the camp swimming area made a perfect ending to a great week. •

Archie Harris, Montana Conference youth director



Colin Vercio, camper, was baptized by his uncle Ron Halverson Jr., pastor.

North Valley Receives Grant for Community Garden

The North Valley Church, in Merlin, Ore., received a grant from the Oregon Conference Office of Community Outreach for the development of a community garden. Its purpose is to assist needy families by way of the church's North Valley Adventist Community Services program in concert with relevant county agencies and local grocers. The garden is an outgrowth of the church's program on disaster preparedness for survival.

The grant of \$3,000 was presented to the church by Rhonda Whitney, Oregon Conference Community Outreach director. The garden is the result of work by many church members under the guidance of Craig McCann, who envisioned, planned and directed the project. The grant proposal was written and submitted by Harry Smedes, the church's disaster response coordinator, on the basis of McCann's detailed plans. After the proposal was selected and approved, Whitney presented the check for \$3,000 to John Witcombe, pastor, and McCann.

Approximately 80 raised garden beds have been constructed, filled and planted. A greenhouse was built for starting plants in small containers. Many church members helped by putting seedlings into plastic cups and later transferred them to garden beds.

An automatic watering system is complete and operating. Flowers rim the garden and ivy climbs the fence.

Students from the nearby Adventist school have participated several times in preparing the raised garden beds and in planting vegetables.

The garden tied in nicely with this summer's Vacation Bible School, with its theme "In the Garden." VBS staff showed children how seeds grow into plants for food and nourishment, and how living things need a healthy environment to live and grow, clean air, water, sunshine and loving care. The interplay of water, good soil, natural organic fertilizer, beneficial insects and worms, sunshine, and a gardener who keeps the weeds out and loves and cares for the plants provided an example of God's love and care easily understood by children. Students watched seeds germinate and sprout, and took



Rhonda Whitney, Oregon Conference Community Outreach director, presents a check for \$3,000 to Jim Whitcombe, North Valley Church pastor, as Craig McCann, project director, looks on.

them home to plant in their own gardens.

They learned what Jesus said about raising food and simple health — an especially relevant topic in light of the

childhood obesity epidemic in this country. •

Harry Smedes, North Valley Church disaster response coordinator



The North Valley Church, in Merlin, Ore., undergoes a community garden project, which includes approximately 80 raised beds.

Better Life Camp Meeting *In One Accord*

Better Life Broadcasting Network held their second annual camp meeting at Milo Adventist Academy, June 12–14. Nestled in the secluded pines of Days Creek, Ore., nearly a thousand people attended throughout the weekend. The main speaker was Jim Gilley, 3ABN president. His message, coupled with a variety of sacred music, made this camp meeting a focused time of reflection and fellowship. The theme was “Light Dispelling Darkness,” a clear reference to the mission of Christian media ministries such as Better Life Broadcasting.

Rosalie Hurd, camp meeting attendee and author of *Ten Talents*, a cookbook, had this to say, “I am so impressed by the fruit of the ongoing labor of this ministry; it just keeps multiplying, reaping a huge harvest of souls. ... Who knows how vast and far reaching its affects will be as it continues to expand.”

Nearly 60 children and youth between the ages of 3–18 attended. Pre-VBS children learned about “Paul and the Underground Church” complete with the making of Challah bread, Jewish braided bread, fruit kabobs, and the arts of scribe, baker and tent maker.



Better Life Camp Meeting attendees pray with Jim Gilley, 3ABN president, before his main meeting presentation.

Donations toward the ongoing work of Better Life Broadcasting, as a result of this camp meeting, totaled \$43,000. •

Sarai Romani, Better Life Broadcasting Network staff member

Sunset Christian Fellowship *at Home in Silicon Forest*

Nestled in the heart of the silicon forest in Hillsboro, Ore., is the new home of Sunset Christian Fellowship.

Hillsboro is known as a high tech corridor, consisting of companies like Intel and Tektronix, so it’s fitting for a church to purchase their new home from a former computer-based company. For years the group has been renting space on Sabbath mornings, but the opportunity came to obtain a facility where seeker-focused ministries could be provided on a daily basis.

“This is not a typical church facility, nor are we a typical church,” states Richard Machlan, SCF leadership chair.

Sunset Christian Fellowship was looking for a place where outreach could be a primary function. The grace-centered fellowship has a vision to provide space within the building to serve as a conduit of connectivity for mentoring projects, children’s evangelism, shelter for families in need and a resource space for recovery programs such as Alcoholics Anonymous. The child-friendly church is designed to help young families find a vibrant and meaningful place to connect.

Corporations, churches and members donated thousands of dollars worth of supplies to transform the computer

warehouse into a worship center. “We believe God has had His hand in our journey to find a home and pray we can fulfill His commission through this new place of worship,” says Machlan.

Sunset Christian Fellowship plans a celebration featuring city officials, community representatives and church leaders on Sabbath, Sept. 12,



“This is not a typical church facility, nor are we a typical church,” states Richard Machlan, Sunset Christian Fellowship leadership chair of the new Hillsboro, Ore., church.

during the 11 a.m. service. •

Michelle Coggin, Sunset Christian Fellowship member

Eugene Korean Members Find Leper Colony Converts

Between June 23–July 2, HanSoo Kim, pastor of the Eugene (Ore.) Korean Church, and three elders traveled to Shandong Province of China. They visited two leper villages and baptized 65 new members.

Of the 65 baptized members, 11 were volunteers at the village, while 54 were lepers. Harvesting new souls was made possible by the seeding and nurturing by 75-year-old Uk-Kwon Kim and the Helping Hands missionary volunteers.

There are at least 200,000 reported lepers in China. As in biblical times, people in China fear lepers and ultimately abandon them, leaving them

on their own to survive. Kim obtained more than 1200 names and the locations of lepers from Chinese government authorities. Helping to love and care for these lepers has opened their hearts, as well as the people in their communities.

Your prayerful support is greatly needed by Helping Hands. For more information, contact James Lee, pastor, or Ken Shou of the Eugene Korean Church. •

Ken M. Shou, Eugene Korean Church elder



HanSoo Kim, pastor, baptizes a leper aided by elder James Lee. Uk-Kwon Kim, member, watches in the background.

Forest Grove K.I.D.S. Conduct Church Service

June 6, 2009, the Forest Grove (Ore.) Church was treated to partial participation in a lesson presented by the Kids in Discipleship class. After the children's choir finished presenting special music, the K.I.D.S. participants took the platform.

Dennis James, Forest Grove K.I.D.S program leader, asked the congregation to determine whether the statements he read were from the Bible or from another source. The church family was instructed to stand if they felt it was from the Bible and to remain seated if from another source. After each "vote" the correct source



The K.I.D.S. in Discipleship class treats the Forest Grove (Ore.) Church to partial participation in a lesson on June 6.

was shared. At the conclusion, James shared how important it was for each person to know the Bible and to discern the

author of what we believe.

Ed Noyes, K.I.D.S Bible instructor, then led the class in a Bible study on "The Bible —

It's The Truth!" Each young person was assigned a verse and asked to comment on what it meant. Projected overhead visual references allowed the audience to follow along.

K.I.D.S. is a small group experience designed to help parents and their children become active disciples for Jesus.

Contact the Oregon Conference for a location near you. For information on attending Forest Grove, please call Dennis James at (503) 357-8517. •

Dennis James, Forest Grove Church communication leader

Milo Announces Spiritual Theme

In reflecting upon the blessings of the past year, Milo Adventist Academy's leadership spent a portion of the summer planning the theme and mission for the year ahead.

Under the direction of Randy Bovee, MAA principal, ideas, visions and thoughts were given, written down and pondered. Previous themes have been Christ at the Center and Choose Today. The staff wanted to continue focusing on a relationship with God.

Through all the great ideas came a common desire: one thing. The theme found its center in Psalm 27:4 which reads, "One thing I ask of the

Lord, this is what I seek: that I may dwell in the house of the Lord all the days of my life, to gaze upon the beauty of the Lord and to seek Him in His temple."

MAA plans to use this theme and spiritual focus for the 2009–2010 school year: Seek One Thing. Its staff and students are looking forward to experiencing God's power and presence in their lives as they seek that eternal relationship with Him. •

Jeff Deming, MAA chaplain



Milo Adventist Academy has centered its theme on Psalm 27:4 for the 2009–2010 year: Seek One Thing.

PAA Graduate Receives Prestigious Scholarship

Dana Yoon, Portland Adventist Academy graduate, was named one of Pacific Union College's five Maxwell Scholars for the 2009–2010 school year. This prestigious award, named in honor of Malcolm Maxwell, long-serving PUC president and Eileen, his wife, rewards incoming freshmen who have demonstrated high academic achievement, a commitment to Christian service and outstanding leadership skills with \$10,000 in renewable scholarship funds.

Yoon was selected on the basis of an outstanding record of school and church involvement and community service while in high school.

She held class offices in her freshman and sophomore years, and Student Association offices in her junior and senior years. She was involved on the yearbook staff, in several school music groups, and in varsity and junior varsity athletics. She was also a member of the National Honor Society for two years.

Yoon taught a junior high Sabbath School class at Oregon Central Korean Church, her home congregation. She accompanied the church's children's choir and played in the church's worship band. She also led out in Vacation Bible School and coordinated a church youth rally at the Northwest Korean Adventist

Church her senior year.

In her local community, Yoon has been involved in mission trips, feedings at homeless shelters, camp counseling, volunteer disaster relief efforts and nursing home visits.

An active community role has been important to Yoon since childhood. "Growing up, I had a lot of role models who were involved in the community," she says. "I saw them making a difference in people's lives, and I realized that's the kind of person I wanted to be."

Yoon starts at PUC this fall. She is planning to major in biochemistry and is considering a possible career in the family business of dentistry. •

Hilario Pena, Pacific Union College student



Dana Yoon, Portland Adventist Academy graduate, receives one of Pacific Union College's five Maxwell Scholars for the 2009–2010 school year.

Small Lassen Creek Camp Meeting *Delivers Great Blessings*

Lassen Creek Camp Meeting began in 2002 in a National Forest camp ground. George White, then Lakeview (Ore.) pastor; Larry Cole, Lakeview head elder; and Bruce Blume, Alturas (Calif.) Adventist Church pastor; met and formed the idea.

“We felt we were little churches on the ‘High Desert’, and we wanted to get together for some spiritual activities,” says White. At first, they met a few times for hymn sings and other musical programs. From those initial meetings Lassen Creek Camp Meeting was born, and it has continued to grow.

Since the beginning, there

have been notable Adventist speakers — the Oregon Conference president, Danny Shelton, Ty Gibson, Light Bearers Ministry revivalist, and C.A. Murray. Murray, 3ABN program director, was the keynote speaker in the recent Lassen Creek Camp Meeting in June.

People come from as far away as Coos Bay and Portland, Ore., Fallon, Nev., and Riverside Calif., for good old country fellowship. They bring motor homes, tents or sleep out under the stars. With lots of room, there is no need to reserve a place—just drive in, pick a spot and set up camp.



Gary McLain

Camping is free and unreserved at the Lassen Creek Camp Meeting. You just find the spot you want and pitch your tent.

There are no camping fees and everyone is welcome.

For further information about Lassen Creek Camp Meeting 2010 and directions, e-mail

gpja.white@gmail.com. •

Gary McLain, Oregon Conference communication director

Gladstone Members Revel in River Excursion

Seven members of the Gladstone Park (Ore.) Church enjoyed kayaking over Memorial Day weekend by embarking at the North Santiam River at Lebanon, Ore., and then floating down the Willamette before disembarking at Independence, Ore.

Jim Mathis, organizer and group leader, spent many hours going over maps, checking water levels, organizing rides and equipment and giving helpful information to the people going on the adventure. He says, “I love kayaking and the unique ability you have to quietly blend in and observe



Gladstone Park (Ore.) Church friends pause on their North Santiam and Willamette rivers kayak trip. From left: Paul and Corleen Johnson, Jim, Jamie and Sandi Mathis, Janice and John Schirmer.

God’s incredible nature.”

Sandi Mathis, participant, says, “One interesting thing

about overnight kayaking is finding a camping spot. The first night out we found a flat

piece of land to pitch our tents on. But we soon found clear evidence it was a cow pasture. The second night was spent near a freshly plowed field, and we weren’t sure of the origin of the strange smell the gentle breezes brought us that night. I also watched an eagle soaring overhead and enjoyed the beautiful greenery passing by.”

“Viewing the beauty of God’s creation with Christian friends enables me to return to life’s duties with renewed commitment and energy,” says Paul Johnson, participant. •

Richard Cook, Gladstone Park Church communication leader

Student Paintings Featured at Cornell Gallery

Artwork produced by the Tualatin Valley Junior Academy students, in Hillsboro, Ore., will be featured at the Cornell Lab of Ornithology gallery in Ithaca, N.Y., this fall. The art show opened Aug. 13, with a silent auction to support TVJA's art and science programs. The paintings will remain on exhibit through mid-December.

The quality of student artwork submitted by TVJA students for publication in last year's *Classroom Birdscope* caught the eye of Jennifer Fee, CLO's BirdSleuth project leader. Fee commissioned students to create paintings of birds currently being studied by CLO scientists. Nineteen

students in grades 7–10, directed by Toni Kahler, TVJA art instructor, took on the task with great enthusiasm. "I was so excited when I found out I would be drawing, texturing and painting the Yellow-headed Parrot," says Melinda Swanson, eighth-grade student. "I couldn't wait to make the bird my own on the canvas!"

Student participation in this project influenced their perceptions and attitudes toward birds and science. Chelsea Fritzler, eighth-grade student, says, "The experience was very cool. I had never heard of the Superb Starling until I started working on this project. I think it is a beautiful bird and very unique. Now I care about birds and actually notice them!" Kiana Villegas, seventh-grade student, says, "When I found out scientists were studying these birds, I wondered what they did all the way over in New York. I would love to go and study birds with them."

This unusual combination of art and science adds a deeper dimension to the show by encouraging viewers not only to enjoy the rich visual experience, but to become informed about species conservation. You may view photos of all nineteen student bird paintings and learn more about the BirdSleuth science program at www.tvja.org/science/art_class_bird_paintings_2009.htm. •

Phil Kahler, TVJA science department



Nathan Jump, seventh-grade student, uses his fingers to work paint into the texture of his Roadrunner.



Su You, tenth-grade student, puts the final touches of paint on her Ivory-billed Woodpecker.



Kim Cheung, ninth-grade student, shows her Blackburnian Warbler in progress.

Sheridan Meadows Camp Meeting

With nearly a hundred people in attendance during the week and more than 400 on the weekend, Sheridan Meadows Camp Meeting, in Republic, Wash., is a growing family camp meeting.

“The family atmosphere is

what we like the most about Sheridan Meadows Camp Meeting,” says Loren Mandigo, of Oldtown, Idaho. “It’s a beautiful country setting that is hard to beat.”

The Sheridan Meadows camp ground, formerly a golf course, was purchased by area churches just three years ago when the camp ground they usually reserved was no longer available. Over a three-year span they have been able to drill a well and install infrastructure, bathrooms and shower facilities.

The eight churches involved in organizing the meetings have been working hard to get more people to come and enjoy the



Camp meeting attendees enjoy a thought-provoking sermon by Dennis Prebe under the main tent (an army surplus parachute), at the Sheridan Meadows camp ground.

peacefulness of the setting and make meetings available for both adults and children. •

Jon Dalrymple, UCC communication assistant



Leroy Holms and Leroy Potter discuss the improvements that have been made at the Sheridan Meadows camp ground over the last few years.

Seeing Jesus Through Children’s Eyes

A Vacation Bible School, Creation Camp, was recently held on the reservation near Plummer, Idaho. Diana Pierce, VBS coordinator, says, “Native Americans already believe in the Creator so that was our starting point.” There were nearly 50 Native American children in attendance the first day and the numbers kept growing. However attendance was secondary compared with the children’s thirst for truth and answers.

The children wouldn’t settle for New Testament only versions, but wanted the “big” Bible. When Pierce read texts, they wouldn’t let her continue

until they all found the texts in their Bibles.

Pierce says an eight-year-old girl named Faith had tears streaming down her cheeks when she heard Jesus died on the cross for our sins.

It was a great, made from scratch, VBS — complete with rocks, shells, nests, tie dye shirts and fry bread. The week held perfect weather instead of the predicted rain. Pierce says, “Only God could coordinate all the details so beautifully!” •

Kathy Marson, UCC communication administrative assistant



It wasn’t about the numbers. It was about reflecting God’s glory at the Creation Camp VBS held recently in Plummer, Idaho.

UCC Hispanic Camp Meeting *Sharing the Mission*

The Upper Columbia Conference Hispanic Camp Meeting, July 17–18, in College Place, Wash., featured speakers Robert Folkenberg Jr., UCC president; Ramon Canals, NPUC vice president for Hispanic Ministries; Aldo Joel Perez, union secretary in Cuba; Mable Dunbar, Family Life/Women’s Ministries director; and Elloy Espinoza, a medical student at Washington State University in Pullman, Wash.

Walter Pintos-Schmidt, UCC Hispanic coordinator, says, “While our attendance was lower this year because of the economy, our members are unified with hope and determination to preach the gospel.”

This determination is evident in their stories. Sabbath morning, Joe and Angie Alcoser, local church members, shared what God is doing with their outreach to high-risk teens.

Three years ago the Alcosers wanted to reach out in their community. At first they opened their home to the kids,

providing a safe, positive environment. In addition, they invited area pastors to come and share with the kids how God has impacted and changed their lives.

It wasn’t long until Joe and Angie had more than 40 youth coming to their home weekly. “Sometimes we had 55 kids coming,” says Joe. “We had to do something different because we just didn’t have room at our home for all of them.”

They moved their outreach ministry to the Pasco (Wash.) Ephesus Adventist Church where they have more than 150 kids coming weekly.

This growing ministry is making a real difference in the lives of area youth. “We keep the Thursday night meeting positive and non-denominational,” says Angie. “When kids ask us questions about the Bible or God we invite them to our Tuesday night Bible study.” So far ten young people have been baptized as a result.

The camp meeting was a time of revival and



Robert Folkenberg Jr., UCC president, casts the vision for personal outreach.

encouragement. Folkenberg Jr. says, “It was exciting to be there. It’s no wonder our Hispanic churches are growing. Lay involvement is high, and

there is excitement for the mission of our church.” •

Jay Wintermeyer, UCC communication director



Joe and Angie Alcoser, local church members, began an outreach project to high-risk youth that has grown to meet the needs of more than 150 kids each week.



Presenters

Jerry D. Thomas
Author of *What We Believe*, *Messiah*, *Detective Zack*, *The Shoebox Kids* and many other books

Randy Fishell
Editor of *GUIDE & REAL* Magazines

And more!

All Aboard!

Parents, leaders, teachers! Raising and working with children and teens presents more challenges than ever for parents and leaders. Plan now to attend this exciting event with over twenty Spirit-filled, hands-on seminars and workshops.

October 9-11, 2009

Camp MiVoden

Room, six meals, materials: \$95.00 — Reservations at www.uccsda.org/children

Blue Mountain TV Takes Second Channel Digital

Blue Mountain Television's Channel 21, located atop Pikes Peak, Ore., is no longer broadcasting in analog, following the July 19 transition to a digital signal.

The viewer-supported Christian broadcaster's analog transmitter went dark at 9 a.m. Sunday and by 11:15 a.m. the station's new digital transmitter, 21.1 (English) and

21.2 (Spanish), was up and running.

"Our engineers report Sunday's transition went extremely smooth. Now, we're awaiting word from viewers on how well they receive us and we're prepared to answer any questions they might have," reports Dan Thesman, BMT's station manager.

The Channel 21 transition marks the second of three channels owned and operated by the low-power Christian broadcaster to make the digital transition. Yet, Channel 21's broadcast area, aside from cable, is BMT's largest.

"What's exciting is we hope our digital 21 reaches even more people," says Thesman. The analog, Channel 21 signal spreads over a good portion of northeastern Umatilla County (Ore.) and southeastern Walla Walla County (Wash.) "But with digital, we're hoping to hit the rural communities

east of Pendleton (Ore.), such as Helix, Adams and Athena and those rural communities north of Walla Walla, such as Prescott, Waitsburg and Dayton even better," adds Thesman.

In March, Channel 36 went digital with 36.1 (English) and 36.2 (Spanish) from BMT's soon-to-be completed 2,500 square foot broadcast facility at the SonBridge Community Center, located at 1200 S.E. 12th Street in College Place, Wash. With sheet rock nearly completed, the project now prepares to move into mudding, taping, painting and carpeting.

However, Thesman is quick to point out that despite the community's ongoing support, finances are still needed to complete the project before staff can move in — hopefully this fall. "We're so close to completion. We need about \$70,000 to completely finish this project," says Thesman. •

Jay Wintermeyer, UCC communication director



Blue Mountain TV Logo

Spiritual Revival Marks Camp Meeting

Spiritual revival marked Washington Adventist Camp Meeting in June as attendees prayed for the Holy Spirit.

Speakers — from Dan Bentzinger, Washington Conference evangelist, and Shawn Boonstra, *It Is Written* speaker/director, to Ty Gibson,

Card, recording artist, also challenged a near-capacity audience to read their Bibles from cover-to-cover.

During camp meeting, 17 people were baptized including one couple married just before their baptism and another couple where the wife prayed

for the husband for 50 years. Each evening, during an evangelism feature, new members or soon-to-be church members shared stories of how God is leading in their lives.

Spiritual revival was also evident in the children's divisions. In the youth department,

70–125 teenagers gathered each morning for Bible study, volunteered at a food bank and made commitments to strengthen their personal connection with God. The Earliteen department, for ages 13–15, featured peer speakers who focused on getting into the "Faith Book." As a result, 11 young people requested baptism.

Evangelism Offering

This year camp meeting attendees raised just shy of \$300,000. This is a great blessing in a time of recession. Funds from this offering are reserved for soul-winning activities.

Help us set the 2010 evangelism offering goal by visiting www.washingtonconference.org/poll to vote for a goal of \$350,000 or \$375,000. •

John Freedman, Washington Conference president

Heidi Martella



Fanny Ulsch prayed 50 years for Herbert, her husband, to make a decision to be baptized. They were baptized together at Washington Adventist Camp Meeting in June.

Light Bearers Ministry co-director, and Don Schneider, North American Division president — shared how to pray for the Holy Spirit and experience spiritual vibrancy throughout the year. Bill Liversidge, Creative Growth Ministries revivalist, presented early morning meetings where more than 120 people responded to daily calls for the baptism of the Holy Spirit.

"Praying for the Holy Spirit" at camp meeting resulted in many people making decisions for baptisms and rebaptisms. A baptismal preparation class was offered, people responded to the calls, began Bible studies and prepared to join the Adventist Church. A Sabbath afternoon concert with Michael

Jonathan Baumgartner



Camp meeting represents the largest spiritual revival of the year where attendees seek to follow Jesus, pray for the Holy Spirit and prepare to take Jesus to the world.



Heidi Martella

Spiritual revival highlighted camp meeting programs, including the youth department where high school students committed to "carrying the cross of Christ" and reviving their spiritual lives.

Jonathan Baumgartner



Two young adults, after their baptism, are surrounded by spiritual mentors who pray for the baptism of the Holy Spirit.

Re:Frame Seattle

Leaders Examine Postmodern Culture and Ministry

Leaders and members in Washington Conference explored cultural shifts in relation to ministry through two sets of presentations on postmodernism. In April, Ty Gibson, Light Bearers Ministry co-director, provided pastors with a foundational understanding of the postmodern paradigm shift.

In May, nearly 100 pastors and church leaders attended Re:Frame Seattle, a weekend presentation by Miroslav Pujic and Holly Messenger from the General Conference's Centre for Secular and Postmodern Studies.

"I learned that people are reached by us being friendly, non-judgmental and kind," says R. Brian dos Santos, a

participant from Ravensdale, Wash. "These were Jesus' methods."

Pujic and Messenger explained how to understand postmodernism, how to communicate with postmodernists and explained effective worship and outreach models in the context of cultural shifts and biblical responses.

As a result of Re:Frame Seattle, five churches committed to becoming LIFE development centers with additional churches deciding to offer LIFE development small groups. •

Heidi Martella, Washington Conference associate communication director



Leaders and members in Washington Conference explore cultural shifts in relation to ministry through two sets of presentations on postmodernism.

Youth Experience Joy of Service

Working together, spending time with friends, and service were rolled together into one weekend at the Local Teen Mission Trip in July.

Fifty-four teens and chaperones descended on Chehalis, Wash., with the theme "Stand Up, Reach Out and Experience Joy."

Youth from across western Washington were joined by a group from Wyoming. By the end of the weekend, comments included: "I enjoyed meeting others and helping them with what they needed." "I enjoyed the look on people's faces (when we helped them), and



Teens help with a variety of long-term flood recovery projects in Chehalis, Wash., including painting picnic tables at the fairgrounds.

I also enjoyed meeting new people from all over the place."

Many of the projects involved continued recovery from December 2007 flooding. These included hauling away debris, digging drainage under a house and installing fresh insulation. Other projects included painting picnic tables for the county fairgrounds, weeding and maintenance work at a state park.

A cumulative 443 hours of service work, plus 114 Sabbath outreach hours were given. •

Jacob Newer-Thurber and Colette Newer, participants

White Center Grows as a Church

White Center Spanish Church, in Seattle, Wash., is the fastest growing church in the Northwest — and it didn't exist before December 2007.

Eighteen people from area Spanish churches fasted 23 hours a day for two months before their first meeting on Dec. 8, 2007.

Praying for God's guidance, the group set a model for growth: host a weekly Spanish radio program with Alejandro Bullón, evangelist, respond to radio requests for Bible studies, hold a monthly week of reaping meeting, and establish a strong small group ministry to educate new members on Bible knowledge and build friendship networks.

Omar Grieve, Washington Conference Hispanic

coordinator, and Benjamin Figueroa, Bible worker and now White Center pastor, surrounded the church plant in prayer.

White Center organized as a company with 60 members in July 2008, celebrated its 100th baptism in January 2009, and achieved church status with 145 members in May 2009.

"The growth of this church shows that when the Lord has a plan, we can be sure that the plan will work," says John Freedman, Washington Conference president.

This is the first church plant to qualify for and receive a \$10,000 grant from the North Pacific Union Conference as a part of the new 30-30-30 church planting assistance plan where a church plant targets



Jonathan Baumgartner

From a small group of 18 people in 2007 to a thriving congregation of 154 members today, White Center Spanish Church actively shares the love of Jesus with their family, friends and community.

at least 30,000 people with at least 30 core group members and 30 members trained to give Bible Studies. •

Heidi Martella, Washington Conference associate communication director

AAA Welcomes New Faculty *A Campus Committed to Christ*

Auburn Adventist Academy is pleased to welcome the arrival of seven new faculty members to our team.

Marvin Mitchell, from Coeur d'Alene, Idaho, has accepted the position of interim principal. In addition to his passion for youth, he enjoys spending time with his wife and three sons.

Ljuba Kelly, of Des Moines, Wash., is eager to be AAA's vocal director. Kelly shares, "I have a passion to teach music and interact with young people."

Vickie Sandvik, joining the team from Auburn, Wash.,

will be the director of student finance and employment. "I want to create a positive atmosphere where students can reach their highest potential," states Sandvik.

Coming from Chicago, Ill., Michelle Weikum will be a part of the mathematics department. When asked about her life's mission, Weikum responds, "I make sure that the Lord is the author of each day, and I am excited to teach where God is the focus."

Joining the team as taskforce volunteers, Russell Palmer and Katie Campbell will be assisting in the dormitories

on campus. "I am really excited about working with the youth and being a mentor for the guys in the dorm," says Palmer. Meagan Jepson, of Walla Walla, Wash., will be working with the library, student health services and the sports program.

As Auburn welcomes new faces on campus, AAA is looking forward to a great school year ahead. •



During Washington Adventist Camp Meeting, John Freedman, Washington Conference president, introduces Marvin Mitchell as the interim principal for Auburn Adventist Academy.

Amy Alderman, AAA Gleaner correspondent

Excellence in Thought

WWU Students Learn With the World's Best Scholars

WALLA WALLA UNIVERSITY

Part one of a four-part series highlighting WWU's vision statement:

Excellence in thought
 Generosity in service
 Beauty in expression
 Faith in God

Since 1994, Walla Walla University has been connected with one of the most prestigious educational institutions in the world: Oxford University. Every year, up to four students are accepted to spend a summer, a semester or entire year learning with some of the best scholars in the world.

"Students work hard, but have a remarkable experience," says Greg Dodds, WWU history professor and the first WWU student in the program. "They not only learn culture

and history, but they also get to experience life at one of the oldest universities in the world."

After a month of interdisciplinary study, students meet alone in tutorials with a single Oxford don and in small seminar classes to study the courses they've chosen. Course options vary from theology to history of science, from rhetoric to art and art history and many more.

The academic program at Oxford is rigorous. Under the dons' stern eyes, research, writing and careful reading are everyday occurrences.

Dan Lamberton, WWU professor and program coordinator, says the Oxford program can change the futures of students who attend.

"It has helped students win competitive Fulbright scholarships and admission to top-tier graduate schools," he says. "Because of their Oxford experience, these students enhance the culture of our classes as well. We all benefit from their study; they spread their new confidence. It makes a huge difference."

Students have access to Oxford student clubs, activities and, most importantly, the library. Some even choose to be part of the Oxford Union, a world-famous debate society.

Julie Nordgren, a WWU student who studied at Oxford this year, called Lamberton from the infamous Bodleian Library every Friday afternoon to tell him what was around her, what she was studying



Christian Bell, junior history and pre-law major (center), stands with friends in Vicar's Close, the oldest residential street in England.

and what challenges she faced that week.

"Students find at Oxford that there is no place to go where study is so beautiful, so expected and so seriously part of a long tradition," says Lamberton. "Rigor is in the architecture, the conversation among students and the meetings with professors."

As one WWU student who spent time at Oxford puts it:

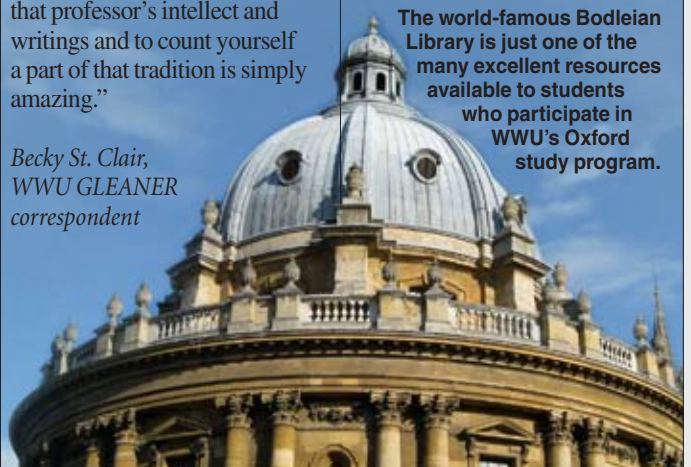
"It's serious and inspirational to walk up a set of steps worn down by scholars who have been walking there for hundreds of years. To enter the office of someone who is part of that tradition, to be surrounded by that professor's intellect and writings and to count yourself a part of that tradition is simply amazing."

Becky St. Clair,
 WWU GLEANER
 correspondent



Julie Nordgren, senior majoring in humanities, enjoys a leisurely day punting down the Thames River in Oxford.

The world-famous Bodleian Library is just one of the many excellent resources available to students who participate in WWU's Oxford study program.



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Adventist Health News Notes

Pavilion Opens at Adventist Medical Center

Adventist Medical Center, in Portland, Ore., recently held a grand opening event for its new pavilion, drawing hundreds of attendees. The celebration featured a program with local and state dignitaries, a ribbon cutting ceremony and interactive tours showcasing the hospital's 181,000 square-foot expansion. The pavilion houses the Northwest Regional Heart Center, an expanded emergency department, improved access and expanded space for radiation oncology patients, as well as additional physician office space and a multi-level parking garage.

nurse residencies, to offer this 18-week program designed to help new nursing graduates get up to speed quickly and safely.

With instructor-led courses, guided clinical experience and a dedicated mentor, the program provides consistency and support in training for new nurses. It is designed to increase nurse confidence and competency, lessen turnover and improve employee, physician and patient satisfaction. WWGH is the first hospital in Washington to offer the program and joins several other Adventist Health hospitals already featuring the program.



Tom Russell, AMC president and CEO, addresses the crowd at the AMC pavilion grand opening.



Benjamin Bandurovskiy, future surgeon, visits the operating room dress-up station during a behind-the-scenes tour of the new AMC Pavilion.

Nursing Residency Begins at WWGH

Walla Walla (Wash.) General Hospital recently began offering a nurse residency program. The hospital teamed up with Versant, a not-for-profit organization specializing in

Birthing Services Improve in Tillamook

Tillamook (Ore.) County General Hospital recently made several enhancements to its Family Birth Place. The hospital installed a new state-of-the-art fetal monitoring system. The OBIX Perinatal Data System automatically records the fetus' vital information into an electronic medical record. It also gives

safety alerts about abnormal developments.

"Our hospital is proud to be a part of a community that makes excellence a priority, especially when it comes to maintaining up-to-date medical equipment," states Larry Davy, TCGH president and CEO.

Quality Nursing Care Recognized in Portland

In early summer, Adventist Medical Center was recognized

for its commitment to quality nursing from 2007 through 2009, based on the National Database of Nursing Quality Indicators (NDNQI) program. The NDNQI is the only national program that measures nursing quality and provides hospitals with unit-level performance reports.

"We're thrilled to receive the recognition," says Carol Kunau, AMC Patient Care Services vice president. "This honor is confirmation of our team's commitment to continually enhancing the quality and safety of our patients' care."

Tillamook Employees Collect Food

Employees at Tillamook County General Hospital have made an ongoing commitment to give back to their

community. Each month the hospital collects non-perishable food items for those in need. To date, the hospital has donated nearly 200 pounds of food to the Tillamook Food Bank to help feed the hungry in the community. •

Emily Young, corporate communication summer intern



Nicholas Bilic practices faux-surgery at the AMC pavilion grand opening.

ADVENTIST HEALTH

Oregon Law Protects Workers Religious Freedom

On Thursday, July 16, Oregon Governor Ted Kulongoski signed Senate Bill 786, the Oregon Workplace Religious Freedom Act, into law, clarifying the responsibility of employers to accommodate scheduling for employees' days of religious observance and wearing of religious apparel, and detailing legal conditions to be demonstrated if an employer is unable to make such accommodations.

Greg Hamilton, Northwest Religious Liberty Association president, reflects: "the passage of this bill in both the Oregon Senate and House represents nearly eleven years of lobbying efforts; beginning with the Oregon Religious Freedom Act, affecting the area of constitutional law involving free exercise of religion at the state level (1999–2005), and then with Oregon's Workplace Religious Freedom Act addressing federal Title VII workplace discrimination law standards and applications at the state level (2007–2009). We failed in the first effort, but succeeded in the second."

By building a network of relationships with Republicans and Democrats in both the Senate and House of representatives, the NRLA introduced the Oregon Workplace Religious Freedom Act in 2009 with bipartisan sponsorship and support. On April 9, 2009, under the leadership of Senator David Nelson (R-Pendleton), the state Senate approved the bill by a 63 percent majority. On May 29, 2009, the Oregon House of Representatives approved SB 786-A by a 65



From left: Rhonda Bolton, Northwest Religious Liberty Association administrative assistant; Doug Clayville, NRLA Oregon vice president; Dave Hunt, Speaker of the Oregon House of Representatives; and Greg Hamilton, NRLA president. The NRLA honored Hunt for his diligence in championing religious freedom for all people of faith in Oregon on Friday, July 17, at the Oregon Conference Camp Meeting.

percent majority.

The bill's chief sponsorship came from Rep. Dave Hunt, Speaker of the Oregon House of Representatives, who partnered with the NRLA since 2003. "Speaker Hunt, a Baptist who has risen to power and influence in a quintessentially populist state, demonstrated to all discerning observers that he had truly been 'called for such a time as this,'" says Hamilton.

Hunt was honored by the NRLA on Friday, July 17, at the Oregon Conference Camp Meeting.

Read more about this story and the work done by the NRLA on their Web site: www.nrla.com.

CJ Anderson, GLEANER intern



Greg Hamilton, NRLA president, converses with Rep. Dave Hunt. Hamilton, along with several Oregon workers who faced challenges with Sabbath accommodation, testified in favor of SB 786 before the Oregon Senate Judiciary Committee.

FYI

LLU offers new MPH in lifestyle medicine

Students are enrolling in a new degree at Loma Linda University School of Public Health that is the first of its kind in the country — a master's of public health in lifestyle medicine.

This MPH degree equips applicants, who have a clinical, professional degree, with tools to go beyond fighting established disease to actually promoting health.

“A full two-thirds of avoidable disease and premature death in our country are related to personal lifestyle choices,” says David Dyjack, LLU School of Public Health dean. “The lifestyle medicine MPH may over time come to represent the singularly most important degree the School of Public Health offers.”

For more information, e-mail hprodept@llu.edu or call (909) 558-4741.

Knight Named PUC President



Heather J. Knight, Andrews University, Berrien Springs, Mich., provost, is the new president of Pacific Union College in Angwin, Calif. The PUC board of trustees announced the appointment in July and Knight begins her duties this month. Knight served with distinction for 18 years at the University of the Pacific in Stockton, Calif., where she was a professor of English, assistant provost and then associate provost. As provost at Andrews University, Knight served as second officer, providing administrative and academic leadership and managing the day-to-day operations of the university.

“It is a tremendous privilege and blessing to be invited to serve as the next president of PUC,” says Knight. “Pacific Union College has a very distinguished history, and I am honored to have this opportunity to carry on the proud PUC tradition of ensuring academic excellence and spiritual authenticity.”

Low-Power TV Filings Begin Aug. 25

The FCC has adopted a new regimen for the filing of new and major change low power television applications. In place of limited-time occasional filing windows, the system will revert to open-ended opportunities for filing new applications, on a first-come first-served basis with, no closing deadline.

Beginning Aug. 25, interested parties (including incumbent LPTV and TV translator licensees) may file applications for new digital-only LPTV and TV translator stations, for changes to existing analog and digital stations, and in the case of incumbent analog stations, for new digital companion channel stations. Initially, this filing opportunity will be limited to rural areas. To be acceptable, an application must specify a transmitter site that is more than 75 miles away from the reference coordinates for the 100 largest television markets in the United States. This geographic restriction will be eliminated on Jan. 25, 2010.

All applications must be filed electronically. The FCC will charge a \$705 filing fee for applications for new digital stations and digital and analog major change applications. There is no filing fee for flash-cut, digital companion channel or digital replacement applications. Contact www.fcc.gov for details and to file application. For assistance, if needed, call (703) 642-2344 or e-mail dempc@prodigy.net.

Oops!

The Friends Helping Friends Missions story in the August issue inadvertently failed to list student Urijah Seanz in the photo. The contact info was also incorrect. It should be jmklingler@q.com.

An item in the World News Briefs section of the August issue incorrectly identified Sir Patrick Allen as a former Inter America Division president. He previously served as West Indies Union president.

THE ADVENT MOVEMENT

Sam Chetty left his position at the Seward Park and Volunteer Park Churches in Seattle, Wash., to accept a position at the Collegedale (Tenn.) Church in August.

Tom Glatts, former associate pastor of the Kalispell (Mont.) district became pastor of the New Westminster Church in the British Columbia Conference in July.

Kim Berg became associate pastor at the Auburn (Wash.) City Church in August.

Marc Lien became pastor of the Monroe (Wash.) Church in July, after previously serving in the Arkansas-Louisiana Conference.

Ryan Wilson became the associate pastor of the Chehalis (Wash.) Church in July. Wilson is a recent graduate from Walla Walla University.

Mark Witas became pastor of the North Cascade (Burlington, Wash.) Church in July, leaving his position as Cascade Christian Academy pastor and principal in Wenatchee, Wash.



Norma and Bruce Brunson

Brunson 60th

Bruce M. and Norma G. Brunson celebrated their 60th anniversary June 21 at the Woodland Community Service Center next to the church. The festivities had a Hawaiian theme as the couple will extend the celebration by heading to Kona, Hawaii, in October. The celebration was planned by Scott, their son, Karla, his wife, and several ladies from the Woodland (Wash.) Church. The center was full with family, church family and community friends.

Bruce and Norma met on a corner in Albany, Ore., while on spring break from Columbia Academy. It was love at first sight, and the couple married two months later on June 17, 1949. They were told, "It will never last," but it looks like it did after all.

After a short stay in Oregon, they moved to Woodland, Wash. In 1952, Bruce and Norma moved to San Diego, Calif., where Norma worked as a secretary for an insurance company. Bruce served two years in the Marines after which he worked for a construction company.

Moving back to Woodland in 1956, Bruce worked for Woodland Truck Line, served as a volunteer fireman and also worked for the police

department. Norma continued working as a secretary until their two sons were born.

In retirement, Bruce takes care of the yard and garden, and helps out at the local church. Norma is a birder and writes bird articles for the local paper. Both have gone on numerous Maranatha projects with their sons.

The Brunson family includes Scott and Karla Brunson of La Center, Wash.; Tim and Ann Brunson of Long Beach, Wash.; 6 grandchildren and 4 great-grandchildren.

Geppert 50th

Henry and Patty Geppert celebrated their 50th anniversary with family and friends. Their children hosted dinner at the Hood View Adventist Church fellowship hall in Boring, Ore.

Henry Geppert and Patty Kennaday met at Walla Walla College, and again in Portland, Ore., where Henry lived and worked as a carpenter. Patty took the nursing course through Portland Sanitarium Hospital, graduating in 1957. They were married on July 27, 1958, in the Valley View Adventist Church in Medford, Ore., with Elder Duane Corwin officiating. Henry and Patty have lived in the Portland and Boring area all their married life.

They attended the Lents Church where they had their three children dedicated to the Lord. Henry was part of the remodeling team that remodeled the Lents Church in 1967. They are members of the Hood View Adventist Church. For their 50th anniversary trip, they spent four days in Leavenworth, Wash., and four days in Phillipsburg, Mont., attending accordion festivals since Patty plays the accordion.

In retirement, Henry helps family, friends and neighbors with free fire wood and his with his talents as a carpenter. He has

provided warmth for the needy. Patty, who is semi-retired, works at the Village Retirement Center. Henry and Patty are volunteers for the men's prison ministry where Patty shares her musical talent.

The Geppert family includes their daughter Lori and David White of Hood River, Ore.; daughter Judy Geppert of Portland, Ore.; and son Thomas Geppert of Portland, Ore.

Healey 50th

Don and Marilyn Healey recently celebrated 50 years of marriage at a gathering of friends and relatives. Don Healey met Marilyn Prichard while attending Walla Walla College, and they were married April 26, 1959, in Seattle, Wash.

Both Don and Marilyn worked for, and retired after many years at, the Boeing Company. Don also worked as an X-Ray technician for several years. Over the years, they have both held many offices in the Bonney Lake Church. Since they have been retired, they have spent winters in Yuma, Ariz., and summers in the Pacific Northwest.

The Healey family includes Steve Healey of Cle Elum, Wash.; Tim Healey of Redmond, Wash.; Dave and Kristina (Austin) Healey of Renton, Wash.; Michael Healy of Bonney Lake, Wash.; and 6 grandchildren.

Knauft 70th

Emil and Marguerite Knauft celebrated their 70th anniversary with relatives and church family on June 11, 2009, in Nampa, Idaho.

The seed that was sown by Charles T. Everson in evangelistic meetings in 1924, in downtown Spokane, Wash., eventually leading to Emil's baptism in 1927 at the age of 11. During his junior year in high

school in Fairfield, Wash., he met his sweetheart Marguerite Dodge. Through Bible study at her country home, Marguerite learned of the Adventist faith, which she soon embraced.



Emil and Marguerite Knauft

Emil and Marguerite dated while attending Walla Walla College. On June 11, 1929, days after Emil's graduation, they were married in a lawn wedding at the home of Marguerite's sister Josie in Fairfield, Wash.

That summer the Knauft's began 40 years in pastoral service and evangelistic work for the Adventist church. Marguerite finished her RN studies in 1960.

Following time pastoring in Chicago, Ill., and Detroit, Mich., Emil became president of the Austrian Conference located in Salzburg, Austria. In 1949, he officiated over the launching of the Bogenhoffen Adventist Seminary for the training of youth at the college level. From 1954 to 1957, Harold served as the principal and pastor of Cedar Lake Academy.

In retirement, Emil and Marguerite enjoy the company of friends, loved ones and family members. Their time has been spent in pastoral visitation, camping, traveling and praying for the salvation of their children and grandchildren.

The Knauft family includes Richard and Seyong Knauft of Portsmouth, Va.; Daniel and

Ann Knauff of Fall City, Wash.; Joan Baker of Nampa, Idaho; 10 grandchildren and 9 great-grandchildren.

Richardson 50th

Pastor Gwynne and Ione Richardson celebrated their 50th anniversary on May 31, 2009, with their family and more than 200 friends at the Sunnyside Church in Portland, Ore.

Ione Markel and Gwynne Richardson were married where they met, in Takoma Park, Md., on May 31, 1959. Ione was an elementary teacher at John Nevins Andrews School and Gwynne was pursuing his seminary studies at Potomac University. Ione had grown up in Pennsylvania and Gwynne in California, so it was a divine appointment that brought them together. She, with a roommate, was living in the upstairs apartment when he moved into the basement apartment. The owners who lived on the main level of the house introduced them and as they say, "The rest is history."

For the first 11 years of marriage, Gwynne and Ione were both teachers at the elementary and secondary levels of Adventist education in the states of Virginia, Maryland, Illinois, Iowa and Oregon. In 1967, Gwynne also became campus pastor at Laurelwood Academy in addition to his teaching assignment. In 1970, he started full-time pastoring in the Oregon Conference which continues to this day. Gwynne is also a relief chaplain for the Adventist Medical Center in Portland. During the years, Ione has been a Bible worker, Women's Ministries leader and active participant in each of the 14 churches they have pastored.

Their family includes Paul and Teri (Pifer) Richardson of College Place, Wash.; Kari and

Eric Olson of Boring, Ore.; and 2 grandchildren.

Ruud 70th

Lester and Vera Ruud celebrated their 70th anniversary on June 13, 2009, with a family beach gathering at Lincoln City,



Lester and Vera Ruud

Ore., hosted by their sons. They are members of the Walla Walla (Wash.) City Church.

Lester O. Ruud and Vera L. Grove were married May 14, 1939, in Portland, Ore. Elder LaVerne Tucker, of *The Quiet Hour*, officiated. Lester met Vera at Walla Walla College. They were married the evening after Vera graduated from nursing school. By the time they were married, Lester had established a watch-repair business in downtown Portland. After several moves, they raised their boys in Enterprise, Ore. They moved to Pendleton, Ore., where Lester established a hearing-aid business. They settled in the Walla Walla Valley, where they retired. Vera has worked in hospitals as a recovery room nurse. They were very active volunteering with Community Services at the Walla Walla City Church.

The Ruud family includes Philip and Linda (Magsulit) Ruud of Pendleton, Ore.; Dennis and Diana (Lockwood) Ruud of Chesapeake, Va.; 6 grandchildren and 11 great-grandchildren.

BROOKINS-GEIGER—LexAnne Brookins and Thomas Geiger were married Dec. 6, 2008, in Cornelius, Ore. They are making their home in Forest Grove, Ore. LexAnne is the daughter of Steve and Louella Weaver. Thomas is the son of Edward and Mary Geiger.

DAVIS-REED—Morgan Elizabeth Davis and Tyler Scott Reed were married June 7, 2009, in Priest River, Idaho, where they are making their home. Morgan is the daughter of Rick and Laura Davis. Tyler is the son of Mike and Kathy Reed.

HOLMBERG-FULLMER-FURGASON—Lisa Holmberg-Fullmer and Matthew Furgason were married July 12, 2009, in West Linn, Ore. They are making their home in Portland, Ore. Lisa is the daughter of Howard and Carol (Carter) Holmberg. Matthew is the son of the late John Furgason and the late Kathryn (Obermeyer) Furgason.

NORD-FENCL—Tiffany Nord and Shane Fencl were married May 17, 2009, in Coeur d'Alene, Idaho, where they are making their home. Tiffany is the daughter of Don and Carol (Tucker) Nord. Shane is the son of John and Lisa Fencl.

STEPHENSON-RUSK—Lindsey Stephenson and Keith Rusk were married June 21, 2009, in Snohomish, Wash. They are making their home in Everett, Wash. Lindsey is the daughter of Mike and Kathy (Heinz) Stephenson. Keith is the son of Terry and Eve (Hendrickson) Rusk.

STRACHAN-PROUDFIT—Pam Strachan and Roy Proudfit were married June 21, 2009, in Happy Valley, Ore., where they are making their home. Pam is the daughter of Calvin R. Strachan and Carmen R. Simpson. Roy is the son of John C. and Mildred C. Proudfit.

ULLTJARN-BRYSON—Veronica Ulltjarn and Jim Bryson were married June 21, 2009, in Caldwell, Idaho, where they are making their home. Veronica is the daughter of Lena Ulltjarn. Jim is the son of John and Joan (McMurry) Bryson.

WILLIAMS-IVY—Chantel Williams and Nicholas Ivy were married July 19, 2009, at Walla Walla, Wash., where they are making their home. Chantel is the daughter of Chuck and Debbie Williams. Nicholas is the son of Jim and Linda Ivy.

Family
B I R T H S

ANDERSON—Hailey Rochelle was born May 17, 2009, to Donald and Ruth (Fitzpatrick) Anderson, Bend, Ore.

BEIERLE—Kaia Dawn was born Aug. 7, 2008, to Ben and Heather (Mellon) Beierle, Monroe, Wash.

DAVIS—Claire Marie was born May 19, 2009, to Jerry L. and Darcy A. (White) Davis, Vancouver, Wash.

PORTER—Audrey Maren was born July 17, 2009, to Lucas G. and Lynsey R. (Pestes) Porter, Klamath Falls, Ore.

SHAWLER—Cayman Marie was born Aug. 29, 2008, to Bill and Carrera (Lizzi) Shawler, Ridgefield, Wash.

Family
A T R E S T

BAUER—Bonnie Lynn (Keeton), 64; born April 28, 1944, Los Angeles, Calif.; died March 23, 2009, Portland, Ore. Surviving: husband, Jim; sons, Brett and Darren, both of Portland; mother, Phyllis Presley, Los Angeles; step-mother, Beverly (Mercill) Keeton, Forest Grove, Ore.; brothers, Presley Meyers, Paso Robles, Calif.; Michael Meyers, Los Angeles; Randy Keeton, La Center, Wash.; Brent Keeton, Lake Oswego, Ore.; sisters, Dana Meyers, Seattle, Wash.; Joni Gustafson, Apache Junction, Ariz.; and 2 grandchildren.

BOOSE—Jeanne M. (Richards), 84; born Sept. 17, 1924, Tiger, Wash.; died May 12, 2009, College Place, Wash. Surviving: husband, Richard, Walla Walla, Wash.; sons, Tim, Dillon, Mont.; John, Walla Walla; daughters, Rebecca Cason, San Diego, Calif.; Michalle McMillan, Ronan, Mont.; Theresa Bodle, Yachats, Ore.; sisters, Margaret Schermer, Toledo, Ore.; Donna Watts, Bend, Ore.; 16 grandchildren and 16 great-grandchildren.

CALVERT—Juanita J., 91; born June 16, 1917, Tulsa, Okla.; died April 12, 2009, Salem, Ore. Surviving: sons, Donald, Chatsworth, Ga.; Phillip, Silver Springs, Nev.; daughters, Nita Vining and Nancy Lindsay, both of Salem; 5 grandchildren, 10 great-grandchildren and a great-great-grandchild.

CHANEY—Patsy (Sanderson), 71; born July 14, 1937, Del Rio, Texas; died May 17, 2009, Meridian, Idaho. Surviving: husband, David; sons, Clifford, Midland, Texas; Robert, Meridian; daughter, Jana Miller, Kuna, Idaho; sister, Betty Davee, Del Rio; 6 grandchildren and a great-grandchild.

CHRISTENSEN—Jonathan Jason, 40; born Nov. 10, 1968, Lakewood, Calif.; died May 1, 2009, Clackamas, Ore. Surviving: parents, Wally and

Yvonne (Mary) Christensen, Oregon City, Ore.; and brother, Aaron Christensen, Kirkland, Wash.

COLVIN—Agnes May (McKinley), 92; born May 11, 1917, McMinnville, Ore.; died May 29, 2009, Grandview, Wash. Surviving: husband, Norman; son, Clifford, Portland, Ore.; daughter, Beverly Neil, Grandview; 4 grandchildren and 6 great-grandchildren.

CURTIS—Valeria M. (Angell), 96; born May 27, 1913, Valier, Mont.; died June 17, 2009, Nampa, Idaho. Surviving: son, Loren, Nampa; daughter, Donna Weaver, Nampa; 3 grandchildren, 9 great-grandchildren and 2 great-great-grandchildren.

DAY—Mary E. (Grassel), 89; born Dec. 5, 1919, Litchfield, Ill.; died June 2, 2009, Boise, Idaho. Surviving: husband, Douglas E., Caldwell, Idaho; sons, Terry D., Boise; Ron W., Nampa, Idaho; 7 grandchildren and 5 great-grandchildren.

DICKEY—Kay Darlene (Campbell), 64; born Sept. 11, 1944, Grants Pass, Ore.; died June 4, 2009, Grants Pass. Surviving: partner, David Paiement, Grants Pass; sons, Kevin, Sutherlin, Ore.; Brent, Yoncalla, Ore.; Sean, Wilsonville, Ore.; daughters, Lisa Callahan, Kayte Dickey and Chloe Dickey, all of Grants Pass; brother, Bud Campbell, Walla Walla; 16 grandchildren and 5 great-grandchildren.

DILL—Marie E. (May), 81; born March 2, 1928, White Salmon, Wash.; died May 6, 2009, Nampa, Idaho. Surviving: daughters, Vickie Wade, Jacque Botimer and Tami Djernes, all of Nampa; sister, Berneith Hall, White Salmon; and 9 grandchildren.

EGBERT—Clyde, 97; born May 28, 1912, Cowley, Wyo.; died June 2, 2009, College Place, Wash. Surviving: wife, Frances (Ritter); son, Robert, College

Place; 3 grandchildren, 9 great-grandchildren and a great-great-grandchild.

ELLIOTT—Helen M. (Hermason), 88; born March 5, 1921, Astoria, Ore.; died March 9, 2009, Springfield, Ore. Surviving: sons, Richard, Long Beach, Calif.; Dennis, Springfield; Gary, Eugene, Ore.; daughter, Joy Burge, Springfield; and sister, Roseanne Brown, Gresham, Ore.

ENGEL—Josephine (Romeo), 88; born May 8, 1921, Brooklyn, N.Y.; June 8, 2009, Salem, Ore. Surviving: husband, Paul, Otis, Ore.; daughter, JoAnne Engel Kort, Neotsu, Ore.; 6 grandchildren and 2 great-grandchildren.

EVANS—Hilda (Peil) Gable, 93; born June 21, 1915, Billings, Mont.; died May 9, 2009, Rigby, Idaho. Surviving: daughter, Carol Ann Gable Jay, Idaho Falls, Idaho; brother, Elmer R. Peil, Colorado Springs, Colo.; 4 grandchildren, 10 great-grandchildren and 5 great-great-grandchildren.

EVENSON—Emogene (Drake), 84; born Nov. 16, 1924, Eulia, Texas; died June 9, 2009, Caldwell, Idaho. Surviving: son, Stephen, Shreveport, La.; daughters, Cherie Richards, Caldwell; Cheryl Spence, Shafer, Calif.; and 5 grandchildren.

FERNALD—Carrie A. (Cole), 54; born Oct. 1, 1954, Toppenish, Wash.; died June 15, 2009, College Place, Wash. Surviving: husband, Jeffery W.; son, Michael, Casper, Wyo.; daughter, Olivia Baugh, Los Altos, Calif.; mother, Hazel (Goode) Cole, Walla Walla, Wash.; brothers, Perry Cole, Hood River, Ore.; and Fred Cole, Walla Walla.

FORCE—Clifford Clyde, 87; born Aug. 12, 1922, Saltese, Mont.; died March 29, 2009, Hillsboro, Ore. Surviving: wife, Doris (Cartwright); sons, Michael, Sacramento, Calif.; Gary, Mead, Colo.; Thomas,

Tigard, Ore.; daughter, Kathleen Saunders, Lincoln City, Ore.; sister, Margaret McCann, Walla Walla, Wash.; 11 grandchildren and a great-grandchild.

GAMBLE—Dianne, 56; born Aug. 20, 1952, Bangor, Maine; died May 4, 2009, Walla Walla, Wash. Surviving: brothers, Eugene, Beaumont, Calif.; and sister, Elaine Achemire, Wellington, Kan.

GINTER—Annie (Kovach), 79; born Oct. 21, 1929, Aleen, Pa.; died Feb. 21, 2009, Sandpoint, Idaho. Surviving: husband, Harold; sons, Joe, Hayden, Idaho; Dan, Missoula, Mont.; daughter, Linda McGill, Port Hardy, British Columbia, Canada; brothers, Joseph Kovach, Alexander Kovach, Johnny Kovach and Tommy Kovach, all of Akeley, Minn.; sisters, Helen Graham, of Missouri; Martha Kovach and Margaret Kovach, both of California; 9 grandchildren and 8 great-grandchildren.

GLADDEN—Grank W., 68; born July 13, 1940, San Diego, Calif.; died May 17, 2009, Springfield, Ore. Surviving: wife, Bonnie (Gray); son, Frank W. III, Joseph, Ore.; daughters, Tamara Wells, Springfield; Barbara Koval, Gresham, Ore.; Cynthia Parks, Joseph; Kandice Alvord, Eugene, Ore.; Kimberly Gladden, Wallowa, Ore.; brothers, Wayne, Silver Lake, Ore.; Larry, Vancouver, Wash.; Dale, Keizer, Ore.; Marvin, Salem, Ore.; sisters, Lillian Thompson, Salem; Patsy Roth, Lafayette, Ore.; 17 grandchildren and a great-grandchild.

GORDON—Paul A., 79; born June 16, 1930, Holland, Mich.; died June 25, 2009, Eagle Point, Ore. Surviving: wife, Danna (Bresee); sons, Douglas, Portsmouth, Va.; Marc, Keedysville, Md.; daughters, Kathy Hile, New Paris, Ind.; Karen Lawhorn, Apopka, Fla.; sisters, Coral Bates, Walla

Walla, Wash.; Gloria Harty, of California; and 5 grandchildren.

HAUSER—Robert W., 82; born Dec. 6, 1926, Glendale, Calif.; died April 16, 2009, Brookings, Ore. Surviving: wife, Maxine (Kennon); daughters, Rochelle Hauser and Robin Hauser, both of Brookings; Ruth Wu, San Francisco, Calif.; and 2 grandchildren.

HELLIE—Ferne Marie (Hibbard), 79; born Aug. 21, 1929, Missouri, India; died March 22, 2009, Salem, Ore. Surviving: husband, William; son, William “Chip” Hellie Jr., Salem; daughter, Karyn Pfau, Salem; and a grandchild.

HENRY—Lilly N. (Fairclough) 91; born June 15, 1917, Montego Bay, Jamaica; died March 23, 2009, Bellevue, Wash. Surviving: sons, David H., Bellevue; Rolando R., Aurora, Ill.; Ricardo A., Phoenix, Ariz.; sister, Eugenia Fields, Brooklyn, N.Y.; 7 grandchildren and 3 step-grandchildren.

HOWARD—Twila Mae (Schooley), 89; born Sept. 26, 1920, Gooding, Idaho; died May 29, 2009, Walla Walla, Wash.; Surviving: husband, Theodore C., College Place, Wash.; daughters, Aileen Litchfield, Milton-Freewater, Ore.; Jeanine Kabanow, Athol, Idaho; brothers, Jim Schooley, Oakhurst, Calif.; Paul Schooley, Modesto, Calif.; sister, Leslie Rebok, Modesto; and 4 grandchildren.

JENSEN—Frieda Hazel (Jahn), 84; born April 26, 1925, Grand Ronde, Ore.; died June 11, 2009, Portland, Ore. Surviving: husband, William “Bill” G.; sons, Edward B., Corbett, Ore.; Gary M., Hillsboro, Ore.; daughter, Nancy L. Davis, College Place, Wash.; brother, Melvin Jahn, Mt. Vernon, Ore.; sisters, Glennys Wright, Grand Ronde, Ore.; Phyllis Posekany, Sublimity, Ore.; and 6 grandchildren.

JENSEN—Lyle H., 92; born Nov. 24, 1915, Stanwood,

Wash.; died Oct. 16, 2008, Seattle, Wash. Surviving: wife, Mildred E. (Matterand); son, L. Paul, Orange, Calif.; daughters, Ann C. White, Seattle; Mary K. Campbell, Salem, Ore.; 7 grandchildren and 8 great-grandchildren.

KELLEY—Richard L. R., 64; born April 3, 1945, Richmond, Calif.; died May 29, 2009, Spokane, Wash. Surviving: wife, Patricia (Haight), Deer Park, Wash.; daughters, Anissa Maxwell, Deer Park; Melissa Kelley-Antinoro, Lafayette, Colo.; brother, Charles, Placerville, Calif.; sister, Judy Cross, Bristol, Va.; and 4 grandchildren.

KESSMANN—Betty (McC Campbell), 85; born Nov. 4, 1923, Cleveland, Ohio; died May 8, 2009, Bellingham, Wash. Surviving: daughters, Sally Kessmann, Des Moines, Iowa; Cheryl Compton, Bellingham; brother, Donald McC Campbell, Cleveland; sister, Nina Frei, Cleveland; and 4 grandchildren.

KIRKLIN—Marian V. (Christensen), 89; born Jan. 1, 1920, Luck, Wis.; died May 18, 2009, Eagle, Idaho. Surviving: son, James, Spokane, Wash.; daughters, Shelby Wagner, Palouse, Wash.; Yvonne Morton, Eagle; Kathleen Heck, Spokane; and 10 grandchildren.

KRUEGER—Chloetta J. (Lamberton), 85; born May 5, 1923, Elk, Wash.; died May 2, 2009, College Place, Wash. Surviving: sons, Lyle, Wapato, Wash.; Gayle, Toppenish, Wash.; daughter, Thelia Mayle, College Place; brothers, Clark, Chiang Mai, Thailand; Lyn, McMinnville, Ore.; sister, Kay Hanson, Brewster, Wash.; and 6 grandchildren.

KUHNT—Waldemar H., 84; born May 5, 1925, Wolfenbüttel, Germany; died May 29, 2009, Everett, Wash. Surviving: wife, Irmgard, Lynnwood, Wash.; sons, Harry, Snohomish, Wash.;

Steve, Lake Sammamish, Wash.; daughters, Diane Hefley, Stanwood, Wash.; Rita Aqui, College Place, Wash.; and 3 grandchildren.

LIKES—Catherine E. (Leuch) Pratt, 80; born April 4, 1929, St. Cloud, Minn.; died June 2, 2009, Woodburn, Ore. Surviving: sons, Gary Likes, Tumbler Ridge, British Columbia, Canada; Terry Pratt, Salem, Ore.; Dan Pratt, Collegedale, Tenn.; daughters, Sally Olson, Keizer, Ore.; Donna Birnel, Kalispell, Mont.; 11 grandchildren and 5 great-grandchildren.

LLOYD—Chester Stanley, 97; born Sept. 23, 1911, Tumwater, Wash.; died June 5, 2009, Estacada, Ore. Surviving: sons, Jim, Yucaipa, Calif.; Fred, Calimesa, Calif.; daughters, Karen Lloyd, Ashland, Ore.; Judy Storfjell, St. Joseph, Mich.; Bobbi Knight, Portland, Ore.; 11 grandchildren and 5 great-grandchildren.

LOUCKS—Merle E., 88; born Feb. 20, 1921, Cando, N.D.; died June 3, 2009, Everett, Wash. Surviving: wife, Esther (Stanyor) Hartley, Marysville, Wash.; son, Leon, Marysville; stepsons, Gary Hartley, Snohomish, Wash.; Robert Hartley, Everett; John Hartley, Lynnwood, Wash.; 6 grandchildren, 4 step-grandchildren, 5 great-grandchildren and 5 step-great-grandchildren.

MARTELL—Cora E. (Mitchell), 82; born April 13, 1927, Powhatan, Ark.; died May 8, 2009, Nampa, Idaho. Surviving: sons, Bill, Meridian, Idaho; Timothy, Nampa, Idaho; Cliffy, Homedale, Idaho; Ted, Las Vegas, Nev.; John, Caldwell, Idaho; daughters, Gloria Farley, Olympia, Wash.; Georgia Russell, Nampa, Idaho; 15 grandchildren and over 30 great-grandchildren.

MASON—Helen Vivian, 96; born Nov. 18, 1912, Rowley, Alberta, Canada; died May 21, 2009, Portland, Ore.

MCLEAN—Verna (Jacobson), 85; born Oct. 19, 1923, Leola, S.D.; died May 26, 2009, Bend, Ore. Surviving: son, Donald F., Portland, Ore.; daughter, Connie L. McLean, Bend; sisters, Helen Sharp, Hayden, Idaho; Delilah Phillippi, Post Falls, Idaho; and 6 grandchildren.

MERKLIN—Lester Perry Sr., 89; born Jan. 20, 1920, Walla Walla, Wash.; died June 15, 2009, College Place, Wash. Surviving: sons, Lester P. Jr., Berrien Springs, Mich.; Marshall L., Bonney Lake, Wash.; brother, Keith, Salem, Ore.; sister, Barbara Vories, College Place; 3 grandchildren and 4 great-grandchildren.

MINER—Pauline Sadie (Martin), 43; born Jan. 25, 1966, Modesto, Calif.; died May 7, 2009, Keizer, Ore. Surviving: husband, Tim; father, Cecil Martin, Forks, Wash.; brothers, Steve Martin, Stockton, Calif.; David Martin, Lowell, Ark.; and sister, Diane Cowles, Forks.

NULL—Raymond E., 87; born July 14, 1921, Grand Junction, Colo.; died March 31, 2009, Beaverton, Ore. Surviving: son, Robert E., Goldendale, Wash.; daughters, Pamela Casteel, Hillsboro, Ore.; JoAnn Austin, Portland, Ore.; a grandchild and 2 great-grandchildren.

OODT—Dorothy L. (Karb), 74; born April 20, 1934, Windsor, Colo.; died March 25, 2009, Bellingham, Wash. Surviving: husband, Gerben; son, Rocky, Exador, Calif.; daughters, Brenda Weatherby, Blaine, Wash.; Sandra Wright, Zortman, Mont.; Becky Gilbert, Renton, Wash.; 8 grandchildren and 6 great-grandchildren.

ORSBORN—Richard “Dick” W., 89; born Nov. 12, 1919, Monmouth, Ore.; died April 3, 2009, Lincoln City, Ore. Surviving: wife, Alva, Albany, Ore.; son, Jim, Lincoln City; daughters, Genie Brinson, Lincoln City; Cheri Tilton,

Neotsu, Ore.; Carol Orsborn, Dallas, Ore.; 11 grandchildren and 10 great-grandchildren.

POOLEY—Beulah Hope (Blumenshein), 87; born April 6, 1922, Mankato, Minn.; died June 4, 2009, Oregon City, Ore. Surviving: husband, George; son, Burt, Oregon City; daughter, Kitty Dunn, Oregon City; sister, Beth Armstrong, Portland, Ore.; 3 grandchildren and 9 great-grandchildren.

RENNINGS—Elevera J. (Everson) Hiebert, 94; born Dec. 8, 1914, Edmore, N.D.; died June 20, 2009, Dayton, Wash. Surviving: sons, Roland Hiebert, Seattle, Wash.; Bruce Hiebert, Dayton; stepson, Peter Rennings, Spokane, Wash.; daughters, Gail (Hiebert) Ferre, San Miguel de Allende, Mexico; Terrie (Hiebert) Oldham, Lake Oswego, Ore.; stepdaughters, Nancy (Rennings) Myers, Calgary, Alberta, Canada; Carolyn (Rennings) Mosebar, Walla Walla, Wash.; Kathy (Rennings) Jones, Las Vegas, Nev.; Sonja (Rennings) Gourley, College Place, Wash.; Harriet (Rennings) Guthrie, Portland, Ore.; sister, Nema (Everson) Camon, Minot, N.D.; 3 grandchildren and 3 great-grandchildren.

ROBERTS—Kaleb Seth, 4; born June 3, 2005, Kennewick, Wash.; died June 9, 2009, Beré, Chad. Surviving: parents, Gary and Wendy (Byard) Roberts, Beré; sister, Cherise Roberts, Beré; grandparents, Bob and Jan (Parker) Roberts, Papua, Indonesia; Don Byard, Lima, Ohio; Mary (Cook) Byard Dyer, Edmore, Mich.; great-grandparents, Wes and Jackie (Bauer) Parker, Goldendale, Wash.; and Les and Norma (Kirlin) Roberts, College Place, Wash.

ROTH—Luke “Al” Alden, 94; born April 5, 1915, Sonoma, Calif.; died April 23, 2009, Roseburg, Ore. Surviving: son, Larry, Kent, Wash.; 4 grandchil-

dren and 6 great-grandchildren.

RUTLEDGE—Sylvester, 102; born Sept. 28, 1906, Saginaw, Mich.; died April 17, 2009, Grants Pass, Ore.

SCHULER—Iris F. (Hickman), 85; born Aug. 22, 1923, Walla Walla, Wash.; died May 23, 2009, Kent, Wash. Surviving: husband, Dale, Portland, Ore.; daughters, Judy Smart, Bessemer City, N.C.; Mary Ann Moreno, Auburn, Wash.; and 4 grandchildren.

SIEMSEN—Franz Hartwig Walter, 85; born Oct. 4, 1923, Roundup, Mont.; died June 9, 2009, Sandpoint, Idaho. Surviving: wife, Doris (Donaldson); sons, Donald, Tillamook, Ore.; David, Newport, Wash.; daughters, Debbie Letniak, Veteran, Alberta, Canada; Patti Schultz, Post Falls, Idaho; sister, Irmgard Hooper, College Place, Wash.; and 10 grandchildren.

SLWOOKO—Beda J. (Tungiyen), 90; born Aug. 15, 1918, Gambell, Alaska; died May 23, 2009, Anchorage, Alaska. Surviving: son, Archie H., Gambell; daughters, June I. Koonooka, Gambell; Roberta M. Cabinboy, Anchorage; brother, Branson Tungiyen, Gambell; sister, Mabel Ungudruk, Sitka, Alaska; 25 grandchildren and 28 great-grandchildren.

SPROED—David L., 67; born Nov. 16, 1941, Hubbard, Ore.; died April 15, 2009, Vancouver, Wash. Surviving: wife, Georgiann (Grogan); son, Dave, St. Maries, Idaho; daughters, Nicolie Thorn, Walla Walla, Wash.; Noelle Boney, Kelso, Wash.; mother, Ann (Pfau) Sproed, Salem, Ore.; brothers, Robert, McMinnville, Ore.; John, Roseburg, Ore.; and 9 grandchildren.

STENSAA—Nettie (Trynchuck), 98; born Jan. 5, 1911, in Alberta, Canada; died Feb. 18, 2009, Stanwood, Wash. Surviving: son, Raymond, Stanwood;

daughters, Carmen Knudson, Tacoma, Wash.; Marie Perard, Walla Walla, Wash.; Eileen Christenson, Harvey, N.D.; Kathy Powell, Burlington, Wash.; sister, Josephine Letvin, Aloha, Ore.; 17 grandchildren, 33 great-grandchildren and 5 great-great-grandchildren.

STEWART—Catherine E. (Coon), 90; born Jan. 25, 1919, Caldwell, Idaho; died May 11, 2009, Nampa, Idaho. Surviving: son, Chuck, Caldwell; daughters, Stella Hoobery, Caldwell; Virginia Rowell-Nielsen, Nampa; Glenda Hutchison, Caldwell; sister, Virginia Budig, Boise, Idaho; 11 grandchildren, 22 great-grandchildren and 2 great-great-grandchildren.

STRUNK—Lois M. (Thompson) Cooper, 90; born April 16, 1919, Sutton, N.D.; died May 17, 2009, Ephrata, Wash. Surviving: daughters, Darlene (Thompson) Wicks, Black Mountain, N.C.; Lana (Cooper) Schimke and Anna (Cooper) Fazio, both of Ephrata; stepdaughter, Kathy (Strunk) Brockman, Pocatella, Idaho; 10 grandchildren, 3 step-grandchildren, 21 great-grandchildren and 5 step-great-grandchildren.

WADE—Ruth Marie (Bliven) Young, 94; born Nov. 28, 1915, Hoquiam, Wash.; died May 27, 2009, Keizer, Ore. Surviving: sons, Jerry Young, Germantown, Tenn.; sisters, Vera Bliven, McMinnville, Ore.; Elsie Smith, Hagerstown, Md.; Eileen Cade, Tangent, Ore.; 2 grandchildren and 3 great-grandchildren.

WEBB—Cletis W., 75; born July 18, 1933, Slaton, Texas; died May 8, 2009, Hillsboro, Ore. Surviving: wife, Dorothy (Hoefler) Sizer, Forest Grove, Ore.; sons, Trent, Bend, Ore.; Jeff, Baker City, Ore.; Mark, Redmond, Ore.; stepsons, Jeff Sizer, Aloha, Ore.; Joe Sizer, Forest Grove; daughter, Val (Webb) Kline, Albuquerque, N.M.; sister, Barbara Anderson,

Baker City; 3 grandchildren, 11 step-grandchildren and 9 step-great-grandchildren.

WERNER—Robert “Bob,” 84; born Sept. 28, 1923, Edwardsville, Ill.; died Aug. 10, 2008, Post Falls, Idaho. Surviving: wife, Mabel (Flemmer); son Bill, Post Falls; daughters, Ruth Ann Huffman and Paula Brandt, both of Denver, Colo.; brother, Wendell, Green Valley, Ariz.; and 2 grandchildren.

WHITE—Gladys M., 87; born May 29, 1921, Remer, Minn.; died April 30, 2009, Sedro-Woolley, Wash. Surviving: daughters, Jeanette Anderson, Lynden, Wash.; Elaine Daws, Sedro-Woolley; 3 grandchildren and 2 great-grandchildren.

WHITWORTH—Louise, 95; born May 10, 1919, Little Rock, Ark.; died March 18, 2009, Eugene, Ore. Surviving: daughters, Mary Sinor and Yvonne Karotko, both of Springfield, Ore.; 3 grandchildren and a great-grandchild.

WILKES—Orville Kenneth, 93; born Aug. 28, 1915, Colville, Wash.; died Oct. 25, 2008, Walla Walla, Wash. Surviving: sons, Ken, Kalama, Wash.; Keith, Adams, Ore.; Lee, Willard, Wash.; Jim, Goldendale, Wash.; daughter, Donna Wilkes, Toledo, Wash.; 13 grandchildren and 19 great-grandchildren.

WILLISON—Clark M., 96; born Nov. 12, 1912, Hickory Corners, Mich.; died March 30, 2009, Orange Beach, Ala. Surviving: wife, Ada (McElmurry) Holley; son, Robert, Auburn, Wash.; stepson, Leighton Holley, Alvarado, Texas; stepdaughters, Jeannine Fuller, Orange Beach; Marguerite Ripley, Livingston, Texas; 2 grandchildren, 10 step-grandchildren, 2 great-grandchildren and 19 step-great-grandchildren.

For Best Health, Sleep at Least 7 Hours

Worldwide, over seven million deaths occur each year due to high blood pressure. In the United States, one out of every three adults has high blood pressure. New research indicates lack of adequate sleep may contribute to this major health problem. One recent study found each hour of reduction in sleep duration increased the risk of developing high blood pressure by 37 percent in both men and women. In another study, people who got five hours of sleep daily, compared to the recommended 7–8 hours, were 60 percent more likely to develop high blood pressure over the 8–10 years of follow-up.

If you want to keep your blood pressure in a healthy range (less than 120/80 for best health), get adequate rest daily. Aim for at least 7–8 hours of sleep daily. Taking a midday nap can also be helpful in reaching your 7–8 hours.

Resting Heart Rate Predicts Heart Problems

A recent study of nearly 130,000 postmenopausal women found a resting heart rate of 76 beats per minute or higher increased risk of heart attack and death. There is also a link between resting pulse and heart attack risk in men.

Activities such as brisk walking, biking, aerobics and active sports strengthen the heart and lower resting heart rate. Your resting heart rate will drop as much as 10–20 beats per minute when going from little activity to being physically active for at least 30 minutes per day, most days of the week.

How to Take Your Pulse

Resting heart rate is an easy test you can do on yourself. Check your resting pulse and compare it with the chart here to determine your risk. To check your pulse, sit quietly. Find your pulse on the thumb side of the wrist between the bone and tendons on the inner wrist. Check your pulse for a full minute, or half a minute and multiply by two.

Resting heart rate chart

62 or below	Ideal risk (1.0) Doing great!
63-66	Low risk (1.07) Doing well.
67-76	Increased risk (1.20) Could be more active.
77 or higher	High risk (1.68) Needs a good exercise program.

*Indicates beats per minute.



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Don Hall, DrPH, CHES, is founder and chairman of WellsSource, Inc.



A N N O U N C E M E N T S

NORTH PACIFIC UNION

Offerings

Sept. 5—Local Church Budget; **Sept. 12**—World Budget: Fall Mission Appeal; **Sept. 19**—Local Church Budget; **Sept. 26**—Local Conference Advance.

Special Days

Curriculum Focus for the Month—Family Life+
Sept. 5—Men's Day of Prayer; **Sept. 6–12**—Nurture Periodicals (*Adventist Review, Insight, Guide, Primary Treasure, Little Friend*); **Sept. 13–19**—Family Togetherness Week; **Sept. 20–26**—Hispanic Heritage Week.

WALLA WALLA UNIVERSITY

Sept. 20–26—WWU JumpStart and University Orientation, are week-long orientation programs for new students. Extracurricular credit is available. For more information, contact Academic Advisement at (509) 527-2132. **Sept. 27**—All WWU students, faculty and staff are invited to the annual Welcome Back Bash in the field behind the WEC. The fun starts at 6 p.m. **Sept. 28**—Classes begin for Fall Quarter.

IDAHO

Women's Retreat

Sept. 11–13—Guest speaker is Marilyn Fargo. For more information, contact maryjdon99@msn.com or jean@coneff.org.

OREGON

Nedley Depression Way Out Class:

Sept. 3—Introductory Class, 6:30 p.m. at the Castle Rock Church, Castle Rock, Wash. Any questions, please call Jeanne at (360) 274-6709 or Ruth at (360) 274-7814.

Adventist Single Adult Ministries

Sept. 11–13—Christian Renewal Center Retreat. Check-in starts at 5 p.m. Supper is at 6:30–7 p.m. The first seminar starts at 7:30 p.m. Julius Jones, pastor, speaks on God Knows How and When To Save. There is hiking on trails. Bring your Bible, your own bedding and favorite table games. Help us celebrate Sabbath with your musical instruments. Space is limited. www.christianrenewalcenter.org. For more information, call: Charlotte at (503) 579-9549 or Tom Terry (503) 684-7971. Maps and directions are available at www.beavertonsda.com, then go to Church Life and then Adventist Singles. Save the date: **Oct. 4**—Swim Party.

The "Columbia Classics" Annual Fall Reunion

Sept. 25–26—The "Columbia Classics" annual fall reunion at the Oregon Conference camp meeting grounds at Zull Hall, also known as the old ABC building. Friday at 6 p.m.—Welcome Party with soup and sandwiches. Saturday at 9 a.m.—registration and continental breakfast and the fun will begin. Sam Pellecer, class of 1959 will be our speaker followed by a potluck lunch. Rooms and RV parking are available. For more information, contact Jayne Johnson, (503) 557-8864, (503) 786-2009, or Lorena Lee (541) 270-2447, or Dale Beaulieu (503) 427-0378.

Reach for Life Aerobics

Reach for Life Aerobic's is available Monday through Friday mornings, 8:20 a.m., at 26775 S.E. Kelso Road, Boring, OR. It is held in the Fellowship Hall at the East end of the Hood View Adventist Church. The room is air

conditioned and the instructor is an RN and an ACE certified Aerobics Instructor. Special emphasis is given to safety for joints, etc. and easy fun routines set to Gospel and southern Gospel music, with occasional Country swing and Classical thrown in. Cost is \$1 per class and the first 2 weeks are free. Call (503) 658-5888 or (503) 969-3521, e-mail joaninoland@yahoo.com, on the web www.hoodview.adventistnw.org.

Milo Academy Alumni Weekend

Oct. 2–3—Registration begins at 4:30 p.m., Oct. 2. Honor classes are years ending in 0 and 5. Come fellowship and reconnect with old friends! Go to www.miloacademy.org to update contact information and to keep up to date on plans for the weekend. Call (541) 825-3200 to make room reservations.

Adopt a Horse

Big Lake Youth Camp has 15 horses that need lodging for 8–9 months this winter. There is a wide range of horses for you to adopt or sponsor. Come visit us to find the horse that works for you. For more information, contact Tammi Palmer: tammi@biglake.org. Subject "Adopt a Horse."

WASHINGTON

Bonney Lake Church 30th Anniversary Celebration

Oct. 3—Ken Parker, pastor, wishes to invite all former members and pastors to the 30th Anniversary of the Bonney Lake Church. Featured speaker will be Mike Aufderhar, pastor, and other former pastors participating. The celebration will be a one day event with morning services, followed by a fellowship dinner, and concluding with a short history,

photos and a music celebration. For more information, call Ken Parker at (253) 862-8620 or Barney Shortridge at (253) 862-9344. Hope to see all of you there!

Missing members

The Chehalis Church is looking for the following missing members: Dora Arnold, Kenneth Cartwright, Meri Cartwright, Theresa Cartwright, Don and Ingrid Coleman, Evangeline Daggett, Donald Davenny, Nathan Doak, Dana Dorland, Steve and Tania Durell, Richard, Cindy and Stephanie Engel, Keith Gratias, Kenneth Gratias, Kevin Gratias, Rachel Grider, John and Darlene Helms, Charlet Johnson, Lilliam Kent, Alta Konotovaka, David and Tammy McCormick, Lee McItire, Michael Mohr, Michael Painter, Orest Prokopyshak, Marcie Savare, Sharon Toth, Penny Underwood and Jeffery Wasson. If you have any information, please contact Lana Fletcher: (360) 748-6468; fletcher@localaccess.com.

WORLD CHURCH

Women's Retreat

Sept. 25–27—Guest speakers include: Carla Gober, Monica Reed, Elizabeth Talbot and Hyveth Williams. It will be held in Dallas, TX. For more information, go to www.nadwm.org.

Can't remember the date for that concert?
Search Online
by event at:
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EVENT

SAVE THIS DATE—Sept. 18–19 is the Oregon City / Gladstone Park Church 100-year celebration. Previous members, please e-mail names and addresses to Memberinfo@gladstonepark.org.

MARK YOUR CALENDARS for Walla Walla Valley Academy Alumni Weekend, Oct. 2–3, 2009. Alumni Church will be at 11 am, Oct. 3. Honor classes are years ending in 9 and 4. Come fellowship and reconnect with old friends. Questions? Call 509-525-1050.

ADVENTISTS AND ISLAM: What message do Adventists have for Islam? Find out at a special weekend dedicated to teaching what we have to share with Muslims. Sept. 24–26, La Sierra University. For more information, e-mail NADAdventistMuslimRelations@gmail.com; or call 423-368-2343. Register at www.plusline.org/events.php.

ARE YOU READY FOR A FRESH START? A 10-day live-in wellness program is available Sept. 20–30, 2009, in Lincoln, Neb., on the Union College campus. Do you need to lose weight? Are you diabetic, depressed, hypertensive, stressed, suffer from addiction or just wanting to learn more about health

and enjoy a relaxing 10 days? This program is for you. This program has amazing success in helping change lives. The program fee is \$1,400, which includes lodging, meals and all activities connected with the program. For more information and reservations, please contact Frank Martinez: fmartinez1@comcast.net; 970-417-2234. Space is limited.

FOR SALE

SAVE 25% SEPT. 1–30, 2009! ABC Book of the Month: Dare to Stand Alone, by Bradley Booth. Regularly \$12.99, SALE \$9.74. This teenager spoke boldly about God—in the Soviet army. Foolish? Maybe. Risky? Definitely. Available at your ABC, www.AdventistBookCenter.com, or by calling 1-800-765-6955.

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Sunset Schedule

September	4	11	18	25
ALASKA CONFERENCE				
Anchorage	8:55	8:33	8:11	7:48
Fairbanks	8:56	8:31	8:05	7:39
Juneau	7:47	7:27	7:07	6:47
Ketchikan	7:31	7:13	6:55	6:36
IDAHO CONFERENCE				
Boise	8:14	8:02	7:49	7:36
La Grande	7:24	7:10	6:57	6:44
Pocatello	7:59	7:46	7:34	7:21
MONTANA CONFERENCE				
Billings	7:46	7:33	7:19	7:05
Havre	7:54	7:39	7:24	7:10
Helena	8:01	7:47	7:33	7:19
Miles City	7:36	7:22	7:08	6:54
Missoula	8:09	7:55	7:41	7:27
OREGON CONFERENCE				
Coos Bay	7:46	7:34	7:21	7:08
Medford	7:40	7:28	7:15	7:03
Portland	7:42	7:29	7:15	7:02
UCC CONFERENCE				
Pendleton	7:27	7:13	7:00	6:46
Spokane	7:24	7:09	6:55	6:41
Walla Walla	7:25	7:12	6:58	6:44
Wenatchee	7:35	7:21	7:07	6:52
Yakima	7:35	7:21	7:07	6:53
WASHINGTON CONFERENCE				
Bellingham	7:45	7:30	7:16	7:01
Seattle	7:43	7:29	7:15	7:00

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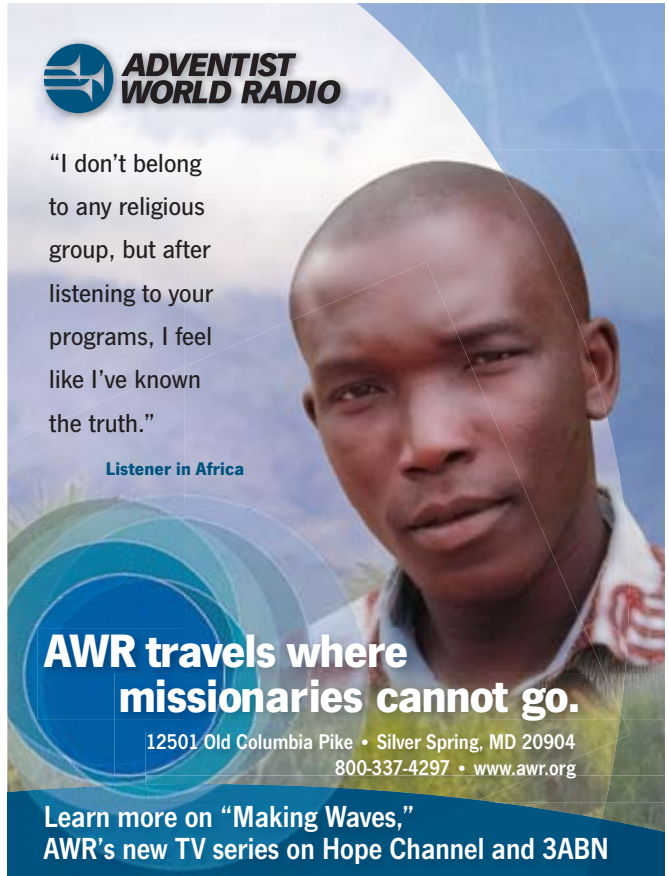
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Bloom Boldly



It was a perfect day for golf: A brilliant blue sky and gentle breeze. The lush fairway lined with majestic trees beckoned me to begin. I could clearly see the flag fluttering at the hole nearly 200 yards away. It felt great to be out in the fresh air on such an awesome day.

After a few easy practice swings, I stepped up to the ball and made an absolutely textbook swing, sending the little dimpled orb soaring up and out, straight toward the flag (a shocking and somewhat rare occurrence in my experience). It landed softly, bounced a couple of times, and then began an inexorable roll across the green. I watched with growing disbelief, as it rolled right up to the hole, paused ... and dropped in. A hole-in-one — the holy grail of golfers!

Whooping it up, my buddies pounded me on the back. Celebration time! In the midst of the high fives ... I became suddenly aware of a jangling sound. I reached for my cell phone. It wasn't the phone. Something else was ringing — my alarm clock.

It's sadly true. I've only achieved a hole-in-one in my dreams — unless you count the time I accidentally perforated our neighbor Mr. Bunker's prized Pontiac with a B-B. My track record is not admirable.

But I've gained more wisdom at aiming for worthy targets. And I keep trying. Something in my early training convinced me it is okay to try and fail. The shame comes not in missing the mark, but in failing to try. In the game of golf, I've learned 100 percent

of the putts hit short, fail to go in the hole. And that principle extends beyond the games we play, into life itself.

It's part of the DNA placed in us by our Creator — a divine miracle God places within our reach. When Moses stretched out his rod; when the priests touched their feet to the river Jordan; when Daniel prayed; when Esther reached out for the scepter; when a little lad offered a few loaves and fish — water parted, a dream was solved, a nation saved, thousands were fed. All because people were willing to stretch beyond status quo to believe in a power beyond themselves.

When life squeezes the life out of you; when a difficult relationship convinces you you're not worth it; when financial difficulty leaves you no apparent way out; remember — the end of our power is the beginning of His. We can with freedom tap into the apostle's challenge to "come boldly before the throne of grace, for there we find help in time of need."

I resonate with the words of William Wordsworth: "How does the meadow flower its bloom unfold? Because the lovely little flower is free down to its root, and in that freedom bold."

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"When life squeezes the life out of you; when a difficult relationship convinces you you're not worth it; when financial difficulty leaves you no apparent way out; remember the end of our power is the beginning of His."

You may respond to any Gleaner topic by sending an e-mail to: talk@gleaneronline.org



Steve Vistaunet, NPUC assistant to the president for communication

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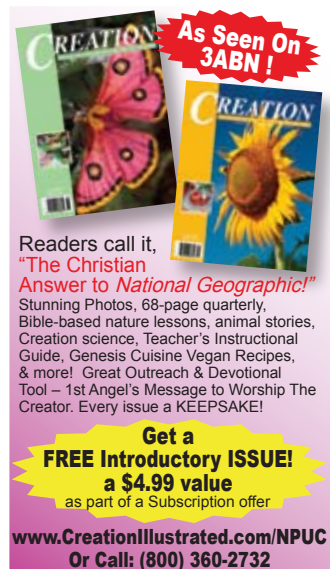


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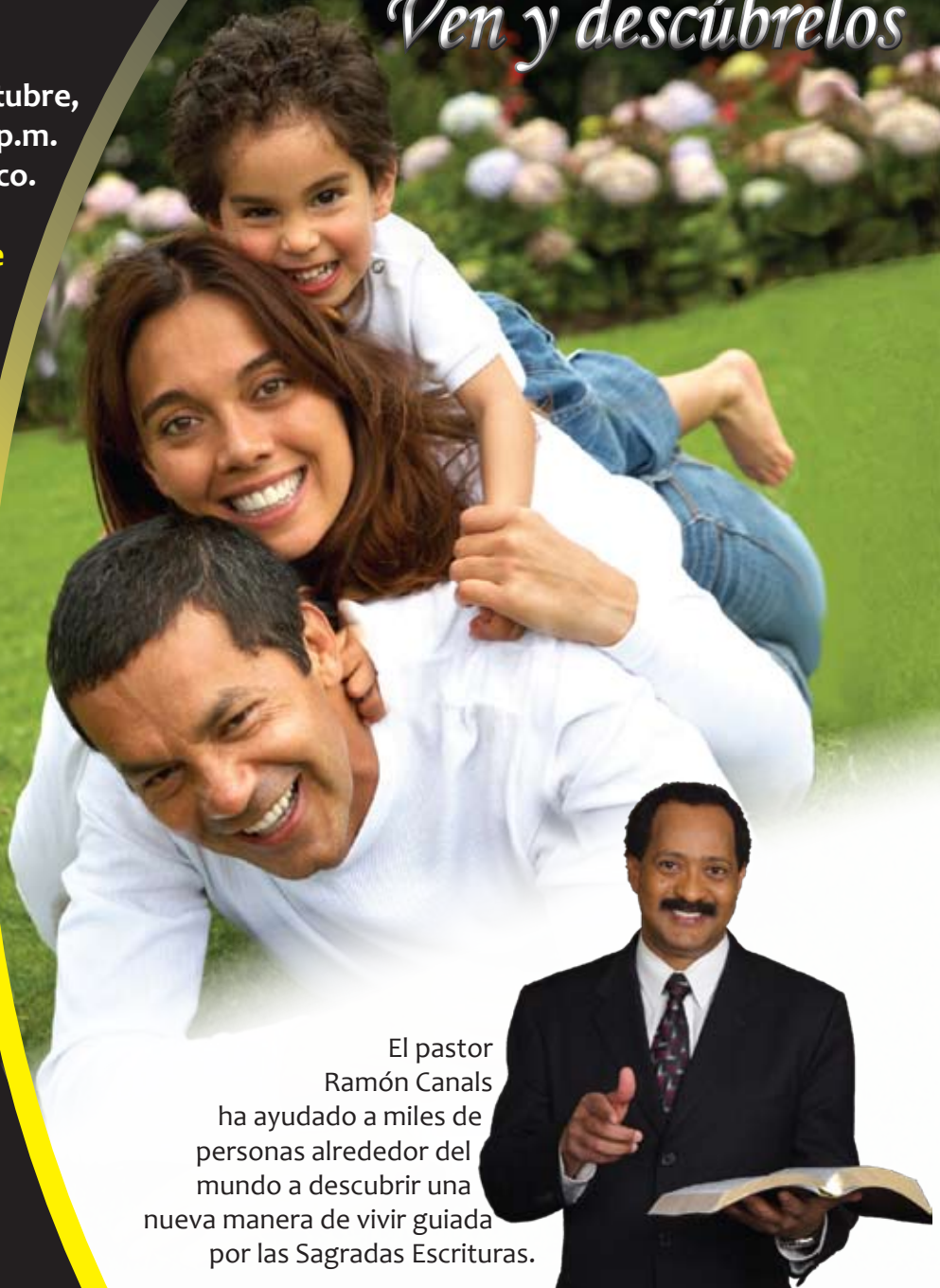
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El pastor
Ramón Canals
ha ayudado a miles de
personas alrededor del
mundo a descubrir una
nueva manera de vivir guiada
por las Sagradas Escrituras.